

Intensive Clinical Weekend

## **Emotional Communication**

This intensive clinical seminar will focus on the theory and practice of using emotional communication in treatment. Unlike interpretation, which speaks to the patient's thought and reason, emotional communication reaches patients at the unconscious and visceral levels. Neurotic patients, who suffer primarily from conflicts springing from the oedipal stage of development, respond well to interpretation. Patients with pathology rooted in the preverbal preoedipal period of development, such as those with narcissistic and borderline personalities as well as those in psychotic states, require emotional communication. Preoedipal patients, developmentally too primitive to form an object transference, are helped to form a narcissistic transference, the hallmark of which is a blurring of the boundary between self and other. These patients induce powerful countertransference feelings that can be used by the clinician to facilitate the development, and subsequently resolution, of the narcissistic transference. Techniques such as the use of object-oriented questions, following the contact function, joining, and mirroring will be explicated. The five component seminars of this intensive clinical weekend will incorporate both didactic and process learning. Readings will be made available to participants upon receipt of registration.

7.5 CE Credits for Licensed Psychoanalysts, Social Workers, and Psychologists

**■** FRIDAY, JUNE 22, 2018 · 2:30 - 6:30 PM **■** 

■ SATURDAY, JUNE 23, 2018 · 9:00 AM - 3:30 PM ■

CMPS, 16 West 10th Street, New York, NY 10011

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CLINICIANS: \$250 | MATRICULATED INSTITUTE AND UNIVERSITY STUDENTS: \$75

FACULTY: Aaron Black, PhD

Faye Newsome, MA, LP

Barbara D'Amato, PsyaD, LP Richard Sacks, MA, LP Angela Musolino, MSN, LP William Sharp, PsyaD

## CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) define emotional communication and identify it in a case; (2) explain the developmental underpinnings of emotional communication; (3) describe an objectless state; (4) describe the use of the contact function in a presented case or the class process; (5) describe how to establish a narcissistic transference; (6) describe the differences between narcissistic and object transferences; (7) describe object-oriented questions; (8) describe joining and mirroring techniques; (9) describe why interpretation is rarely effective with preoedipal patients; (10) describe narcissistic countertransference resistance; and (11) describe techniques for resolving group resistances using emotional communication.

**Licensed Psychoanalysts:** The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

**Psychologists:** CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content.

Social Workers: The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).