

**Syllabus**  
**PT 186 Beyond Psychosis: Typology of Conflict and Defense**  
**J. Wade                      Spring 2019**

**Thursday. 5:30-7:30**  
**CMPS: 30 Clock Hours**  
**NYGSP: 2 Credits**

**Course Description**

This course deals with a range of pathologies likely to be met at the Consultation and Referral Service and in current private practice. It is taken after at least one year at the fieldwork placement.

**Course Objectives**

The student will be able to:

- identify, describe, and discuss the psychodynamics of symptoms, core conflict, and characteristic defenses inherent in neuroses and character disorders; and
- diagnose the neurotic and character disorders in terms of drives, wishes, affects, defense, interpersonal style, and objective countertransference.

**Teaching Methods**

Guided discussions of assigned readings and case material presented by the instructor and the students.

**Methods of Evaluation**

Students are evaluated on the basis of their progressive understanding of psychopathology as evidenced by class participation and logs. A final term paper is required.

**Logs:** Each week students write logs discussing their emotional and intellectual experience of the previous class session in relation to their understanding of the week's reading/viewing assignments. In the subject of the log please label the class PT186 and the date of the class. Write the log into the body of the email (rather than a link to another document please) and send to mswadejennifer@gmail.com.

**Paper:** Students will write a 6-9 page paper analyzing in some depth one of the categories corresponding to a particular class (i.e. hysteria, suicide, anxiety), utilizing class readings in addition to other scholarly sources. The paper should follow APA style (e.g., see *Modern Psychoanalysis*) and incorporate a minimum of five different references.

**To access full text documents from the PEP links, you'll need to first log into your PEP account.**

## **Assigned Readings**

### **Class 1**

#### **No One Is a Diagnosis**

Eigen, M. (1999). A bug-free universe. In *Toxic nourishment* (pp. 57-83). London, England: Karnac.

Fink, B. (2007). Listening and hearing. In *Fundamentals of psychoanalytic technique: A Lacanian approach for practitioners* (pp. 1-23). New York, NY: Norton.

### **Class 2**

#### **Defenses**

McWilliams, N. (2011). Primary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 100-25). New York, NY: Guilford Press.

#### **Hysteria**

##### **Film (to be viewed before class)**

Lee, A., & Basmajian, S. (Producers), & Polley, S. (Director). (2008). *Stories we tell* [motion picture]. Canada: National Film Board of Canada.

### **Class 3**

#### **Defenses**

McWilliams, N. (2011). Secondary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 126-150). New York, NY: Guilford Press.

#### **Hysteria**

Bollas, C. (2000). Eroticizing absence; Seduction and the therapist. In *Hysteria* (pp. 61-70; 152-161). London, England: Routledge.

### **Class 4**

#### **Narcissistic Personality**

McWilliams, N. (2011). Narcissistic personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 176-195). New York, NY: Guilford Press.

Spotnitz, H. (1976). The narcissistic defense. In *Psychotherapy of preoedipal conditions* (pp. 101-109). New York, NY: Jason Aronson.

### **Class 5**

#### **Borderline**

Davies, J. M., & Frawley, M. (1994). Exposure to danger, the erotization of fear, and compulsive self-abuse. In *Treating the adult survivor of sexual abuse* (pp. 129-148). New York, NY: Basic.

Green, A. (1986). The borderline concept. In *On private madness* (pp. 60-83). London, England: Hogarth.

## **Class 6**

### **Anxiety and Phobia**

Gassner, S. M. (2004). The role of traumatic experience in panic disorder and agoraphobia. *Psychoanalytic Psychology*, 21, 222-243.

<http://www.pep-web.org/document.php?id=ppsy.021.0222a>

Phillips, A. (2013). Looking at obstacles. In *One way and another: New and selected essays* (pp. 29-43). London, England: Hamish Hamilton.

## **Class 7**

### **Obsessions**

Freud, S. (1955). Notes upon a case of obsessional neurosis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 10, pp. 153-249). London, England: Hogarth Press. (Original work published 1909)

<http://www.pep-web.org/document.php?id=se.010.0000a>

## **Class 8**

### **Schizoid Personality**

Bion, W. (1959). Attacks on linking. *International Journal of Psychoanalysis*, 40, 308-315.

<http://www.pep-web.org/document.php?id=ijp.040.0308a>

Guntrip, H. (1969). The schizoid personality and the external world. In *Schizoid phenomena, object relations and the self* (pp. 17-48). New York, NY: International Universities Press.

## **Class 9**

### **Depression**

Joseph, B. (1982). Addiction to near-death. *International Journal of Psychoanalysis*, 63, 449-456.

<http://www.pep-web.org/document.php?id=ijp.063.0449a>

Solomon, A. (2001). Depression. In *The noonday demon* (pp. 15-38). New York, NY: Scribner.

## **Class 10**

### **Suicide**

Jamison, K. (1999). Take off the amber, put out the lamp; The burden of despair. In *Night falls fast: Understanding suicide* (pp. 73-129). New York, NY: Random House.

## **Class 11**

### **Dissociative Disorder**

McWilliams, N. (2011). Dissociative psychologies. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 332-357). New York, NY: Guilford Press.

## **Class 12**

### **Addictions and Eating Disorders**

Lowrey, A. (2018, August 20). America's invisible pot addicts. *The Atlantic Magazine*. Retrieved from <https://www.theatlantic.com/ideas/archive/2018/08/americas-invisible-pot-addicts/567886/>

Orbach, S. (1997). Accepting the symptom: A feminist psychoanalytic treatment of anorexia nervosa. In D. M. Garner & P. E. Garfield (Eds.), *Handbook of psychotherapy for anorexia nervosa and bulimia* (pp. 83-106). New York, NY: Guilford Press.