

Syllabus
PT 186 Beyond Psychosis: Typology of Conflict and Defense
U. Gosmann Spring 2018

Wed. 1:30-3:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course deals with a range of pathologies likely to be met at the Consultation and Referral Service and in current private practice. It is taken after at least one year at the fieldwork placement.

Course Objectives

The student will be able to:

- identify, describe, and discuss the psychodynamics of symptoms, core conflict, and characteristic defenses inherent in neuroses and character disorders; and
- diagnose the neurotic and character disordered in terms of drives, wishes, affects, defense, interpersonal style, and objective countertransference.

Teaching Methods

Guided discussions of assigned readings and case material presented by the instructor and the students.

Methods of Evaluation

Students are evaluated on the basis of their progressive understanding of psychopathology as evidenced by class participation, logs, weekly response papers, and short presentation. A final term paper is required.

Logs:

Each week students write logs describing their emotional and intellectual experience of the previous class session. Logs are written in the final ten minutes of a class meeting (hand-written or written on your computer and submitted to utagosmannphd@gmail.com).

Weekly Response Papers:

Students write a 2-page weekly response papers about the assigned readings and submit it electronically (utagosmannphd@gmail.com) by Tuesday evening.

Short Presentation (~10 minutes):

Students choose a class topic and prepare a presentation highlighting some of the central ideas of the assigned reading materials. The presentation should provide an entry into the discussion and may include aspects of the response paper.

Paper: Students will write a 6-9 page paper critically assessing one clinician's work with a patient covered during the term and identifying symptoms, core conflict, characteristic defenses, etc. Students will research their topic using a number of electronic databases available via the library. The paper should follow APA style (e.g., see *Modern Psychoanalysis*) and incorporate a minimum of five different references. The deadline is May 18, 2018.

Text

Fink, B. (1997). *A clinical introduction to Lacanian psychoanalysis: Theory and technique*. Cambridge, MA: Harvard University Press.

Please note: By Class 6, you'll need to purchase the text by Bruce Fink, *A clinical introduction to Lacanian psychoanalysis*, as a large portion of the book is assigned reading. Readings from this book will be included in the readings folder for Class 1 only. A copy will also be on the Library Reserve shelf.

Assigned Readings

Class 1: Diagnostic Spectrum

Fink, B. (1997). A Lacanian approach to diagnosis. In *A clinical introduction to Lacanian psychoanalysis: Theory and technique* (pp. 75-78). Cambridge, MA: Harvard University Press.

Fink, B. (1997). Psychosis. In *A clinical introduction to Lacanian psychoanalysis: Theory and technique* (pp. 79-111). Cambridge, MA: Harvard University Press.

McWilliams, N. (2011). Developmental levels of personality organization. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 43-69). New York, NY: Guilford Press.

Class 2: Resistance and Defense

McLaughlin, J. T. (1995). Resistance. In B. E. Moore & B. D. Fine (Eds.), *Psychoanalysis: The major concepts* (pp. 95-109). New Haven, CT: Yale University Press.

Spotnitz, H. (1985). Recognition and understanding of resistance. In *Modern psychoanalysis of the schizophrenic patient* (2nd ed.) (pp. 143-162). New York, NY: Human Sciences Press.

Suggested Additional Reading:

McWilliams, N. (2011). Primary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 100-125). New York, NY: Guilford Press.

McWilliams, N. (2011). Secondary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 126-149). New York, NY: Guilford Press.

Class 3: Hysteria

Freud, S. (1955). Fraulein Elisabeth von R. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 2, pp. 135-160). London, England: Hogarth Press. (Original work published 1893-1895) (PEP)

McWilliams, N. (2011). Hysterical (histrionic) personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 311-331). New York, NY: Guilford Press.

Class 4: Obsessions (Freud's case of the Rat-Man)

Freud, S. (1955). Notes upon a case of obsessional neurosis (selections). In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 10, pp. 153-173; 186-195; 237-249). London, England: Hogarth Press. (Original work published 1909) (PEP)

Class 5: Anxiety

Freud, S. (1964). Anxiety and instinctual life. New introductory lectures on psychoanalysis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol.22, pp. 81-111). London, England: Hogarth Press. (Original work published 1932) (PEP)

Little, M. (1990). Psychotherapy with D.W.W., 1949-1955, 1957. In *Psychic anxieties and containment: A personal record of an analysis with Winnicott* (pp. 41-71). Northvale, NJ: Jason Aronson.

Class 6: Hysteria versus Obsession in Lacanian Psychoanalysis

Fink, B. (1997). Neurosis. In *A clinical introduction to Lacanian psychoanalysis: Theory and technique* (pp. 112-164). Cambridge, MA: Harvard University Press.

Class 7: Borderline (The Case of Harry)

Spotnitz, H. (1988). Development of the narcissistic transference (The case of Harry). *Modern Psychoanalysis*, 13, 5-65. (PEP)

Class 8: Depression and Mania

McWilliams, N. (2011). Depressive and manic personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 235-264). New York, NY: Guilford Press.

Miller, F. (1985). Hopelessness: A narcissistic resistance. *Modern Psychoanalysis*, 10, 65-79. (PEP)

Class 9: Schizoid Personality

Fairbairn, W.R.D. (1952). Schizoid factors in the personality. In *Psychoanalytic studies of the personality* (pp. 3-27). London, England: Tavistock. (Original work published 1940) (PEP)

Klein, M. (1946). Notes on some schizoid mechanisms. *International Journal of Psychoanalysis*, 27, 99-110. (PEP)

Class 10: Paranoid Character

Gottlieb, S. (2006). Some thoughts on Schreber (and Freud): Depression, paranoia and a delusional system. *British Journal of Psychotherapy*, 22, 427-447. (PEP)

McWilliams, N. (2011). Paranoid personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 214-233). New York, NY: Guilford Press.

Class 11: Perversion

Fink, B. (1997). Perversion. In *A clinical introduction to Lacanian psychoanalysis: Theory and technique* (pp. 165-202). Cambridge, MA: Harvard University Press.

Joseph, B. (1971). A clinical contribution to the analysis of a perversion. *International Journal of Psychoanalysis*, 52, 441-449. (PEP)

Class 12: Addictions and Eating Disorders

Farber, S., Jackson, C., Tabin, J., & Bachar, E. (2007). Death and annihilation anxieties in anorexia nervosa, bulimia, and self-mutilation. *Psychoanalytic Psychology*, 24, 289-305. (PEP)

McDougall, J. (1995). Neoneeds and addictive sexualities. In *The many faces of Eros* (pp. 183-200). New York, NY: W.W. Norton.

Williams, G. (1997). The no-entry system of defences: Reflections on the assessment of adolescents suffering from eating disorders. In *Internal landscapes and foreign bodies* (pp. 115-122). London, England: Karnac/The Tavistock Clinic Series.

Suggested Reading:

Aarons, Z. (1990). Depressive affect and its ideational content. *Journal of the American Psychoanalytic Association*, 71, 285-296.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed). Arlington, VA: American Psychiatric Association.

Bernstein, J. (1994). Anger: Impulse and inhibition - impressions and reflections of a modern analyst. *Modern Psychoanalysis*, 19, 7-16.

Bion, W. (1959). Attacks on linking. *International Journal of Psychoanalysis*, 40, 308-315.

Brenner, C. (1991). A psychoanalytic perspective on depression. *Journal of the American Psychoanalytic Association*, 39, 25-43.

Brenner, C. (1994). The mind as conflict and compromise function. *Journal of Clinical Psychoanalysis*, 3, 165-180.

Coen, S. J. (1998). Perverse defenses in neurotic patients. *Journal of the American Psychoanalytic Association*, 46, 1169-1194.

Cooper, A. M. (1993). Paranoia: A part of most analyses. *Journal of the American Psychoanalytic Association*, 41, 423-442.

Fenichel, O. (1945). Anxiety as neurotic symptom: Anxiety hysteria. In *The psychoanalytic theory of neurosis* (pp. 193-215). New York, NY: W. W. Norton.

Fenichel, O. (1945). Obsession and compulsion. In *The psychoanalytic theory of neurosis* (pp. 268-310). New York, NY: W. W. Norton.

- Fenichel, O. (1945). Pre-genital conversions. In *The psychoanalytic theory of neurosis* (pp. 311-323). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Psychoneuroses, the neurotic conflict. In *The psychoanalytic theory of neurosis* (pp. 129-192). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Traumatic neuroses. In *The psychoanalytic theory of neurosis* (pp. 117-128). New York, NY: W. W. Norton.
- Fonagy, P. (1991). Thinking about thinking: Some clinical and theoretical considerations in the treatment of a borderline patient. *International Journal of Psychoanalysis*, 2, 639-656.
- Freud, S. (1958). Psychoanalytic notes on an autobiographical account of a case of paranoia (dementia paranoides). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 12, pp. 9-79). London, England: Hogarth Press. (Original work published 1911)
- Freud, S. (1959). Some general remarks on hysterical attacks. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 9, pp. 227-234). (Original work published 1909)
- Freud, S. (1963). Anxiety. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud*. (Vol. 16, pp. 392-411). (Original work published 1916)
- Giovacchini, P. (1979). The hopeless patient: Schizoid disorders. In *Treatment of primitive mental states* (pp. 96-138). Northvale, NJ: Aronson.
- Goldwater, E. (1994). Impulsivity, aggression, fantasy, space and time. *Modern Psychoanalysis*, 19, 19-26.
- Green, A. (1972). Aggression, femininity, paranoia and reality. *International Journal of Psycho-Analysis*, 53, 205-211.
- Grotstein, J. S., Solomon, M. F., & Lang, J. A. (Eds.). (1987). *The borderline patient: Emerging concepts in diagnosis, psychodynamics and treatment*. Hillsdale, NJ: Analytic Press.
- Guntrip, H. (1969). The schizoid personality and the external world. In *Schizoid phenomena, object relations and the self* (pp. 17-48). New York, NY: International Universities Press.
- Jacobson, E. (1954). Contribution to the metapsychology of psychotic identification. *Journal of the American Psychoanalytic Association*, 2, 239-262.
- Jacobson, E. (1971). *Depression: Comparative states of normal, neurotic and psychotic conditions*. Madison, CT: International Universities Press.
- Joseph, B. (1982). Addiction to near-death. *International Journal of Psycho-Analysis*, 63, 449-456.
- Kahn, M. (1981). From masochism to psychic pain. *Contemporary Psychoanalysis*, 17, 413-421.
- Kaufman, (1963). The defensive aspects of impulsivity. *Bulletin of the Menninger Clinic*, 27, 24-32.
- Kernberg, O. (1967). Borderline personality organization. *Journal of the American Psychoanalytic Association*, 15, 641-685.
- Kernberg, O. (1975). Borderline personality organization: The syndrome. In *Borderline conditions and pathological narcissism* (pp. 3-48). Northvale, NJ: Aronson.
- Kernberg, O. (1991). The psychopathology of hatred. *Journal of the American Psychoanalytic Association*, 39S, 209-238.
- Kernberg, O. F. (1995). Technical approach to eating disorders in patients with borderline personality organization. *Annual of Psychoanalysis*, 23, 33-48.
- LaPlanche, J. (1974). Panel on hysteria today. *International Journal of Psychoanalysis*, 55, 459-469.
- McWilliams, N. (2011). *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.) (pp. 214-233). New York, NY: Guilford Press.
- Meadow, P. (1994). The role of aggression in impulse disorders: Discussant's remarks. *Modern Psychoanalysis*, 19, 27-32.
- Shapiro, D. (1965). *Neurotic styles*. New York, NY: Basic Books.

- Spotnitz, H. (1960). The neurotic child. In M. B & G. B. Gottsegen (Eds.), *Professional school psychology*, Vol. 1. New York, NY: Grune & Stratton.
- Spotnitz, H. (1976). The borderline schizophrenic (diagnostic considerations). In *Psychotherapy of preoedipal conditions* (pp. 271-273). Northvale, NJ: Aronson.
- Spotnitz, H. (1985). Recognition and understanding of resistance. *Modern psychoanalysis of the schizophrenic patient* (2nd ed.) (pp. 143-162). New York, NY: Human Sciences Press.