

Syllabus
PT 186 Beyond Psychosis: Typology of Conflict and Defense
W. Hurst Spring 2017

Thu. 3:30-5:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course deals with a range of pathologies likely to be met at the Consultation and Referral Service and in current private practice. It is taken after at least one year at the fieldwork placement.

Course Objectives

The student will be able to:

- identify, describe, and discuss the psychodynamics of symptoms, core conflict, and characteristic defenses inherent in neuroses and character disorders; and
- diagnose the neurotic and character disordered in terms of drives, wishes, affects, defense, interpersonal style, and objective countertransference.

Teaching Methods

Guided discussions of assigned readings and case material presented by the instructor and the students.

Methods of Evaluation

Students are evaluated on the basis of their progressive understanding of psychopathology as evidenced by class participation and logs. A final term paper is required.

Logs: Each week students write logs describing their emotional and intellectual experience of the previous class session. Logs can be submitted to me electronically at whurst@cmcs.edu. Students' reactions to the readings should be included.

Paper: Students will write a 6-9 page paper critically assessing one clinician's work with a patient covered during the term. Students will research their topic using a number of electronic databases available via the library. The paper should follow APA style (e.g., see *Modern Psychoanalysis*) and incorporate a minimum of five different references.

Assigned Readings

Class 1

Introduction

Hurst, W. (2017). Introduction: Typology and the function of the Unconscious (unpublished).

Hurst, W. (2017). Summary and outline of Freud's *Inhibitions, symptoms, and anxiety*.
(unpublished).

Fink, B. (2007). Listening and hearing. In *Fundamentals of psychoanalytic technique: A Lacanian approach for practitioners* (pp. 1-23). New York, NY: New York: Norton.

Class 2

Hysteria

- Freud, S. (1955). Fraulein Elisabeth von R. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 2, pp. 135-160). London, England: Hogarth Press. (Original work published 1893-1895) (PEP)
- Shapiro, D. (1965). Hysterical style. In *Neurotic styles* (pp. 108-133). New York, NY: Basic Books.

Class 3

Obsessions

- Freud, S. (1955). Notes upon a case of obsessional neurosis (selections). In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 10, pp. 153-173; 186-195; 237-249). London, England: Hogarth Press. (Original work published 1909) (PEP)

Class 4

Anxiety

- Freud, S. (1964). Anxiety and instinctual life. New introductory lectures on psychoanalysis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 22, pp. 81-111). London, England: Hogarth Press. (Original work published 1932) (PEP)
- Little, M. (1990). Psychotherapy with D.W.W., 1949-1955, 1957. In *Psychic anxieties and containment: A personal record of an analysis with Winnicott* (pp. 41-71). Northvale, NJ: Jason Aronson.

Class 5

Borderline (The Case of Harry-Part I)

- Spotnitz, H. (1988). Development of the narcissistic transference (The case of Harry). *Modern Psychoanalysis, 13*, 5-32. (PEP)

Class 6

Borderline (The Case of Harry-Part II)

- Spotnitz, H. (1988). Development of the narcissistic transference (The case of Harry). *Modern Psychoanalysis, 13*, 33-65. (PEP)

Class 7

Schizoid Personality

- Bion, W. (1959). Attacks on linking. *International Journal of Psychoanalysis, 40*, 308-315. (PEP)
- Klein, M. (1946). Notes on some schizoid mechanisms. *International Journal of Psychoanalysis, 27*, 99-110. (PEP)

Optional reading:

- Guntrip, H. (1969). The schizoid personality and the external world. In *Schizoid phenomena, object relations and the self* (pp. 17-48). New York, NY: International Universities Press.

Class 8

Depression

- Joseph, B. (1982). Addiction to near-death. *International Journal of Psycho-Analysis, 63*, 449-456. (PEP)
- Miller, F. (1985). Hopelessness: A narcissistic resistance. *Modern Psychoanalysis, 10*, 65-79. (PEP)

Class 9

Paranoid Character

Cooper, A. M. (1993). Paranoia: A part of most analyses. *Journal of the American Psychoanalytic Association, 41*, 423-442. (PEP)

Shapiro, D. (1965). Paranoid style. In *Neurotic styles* (pp. 54-107). New York, NY: Basic Books.

Class 10

Perversions

Coen, S. J. (1998). Perverse defenses in neurotic patients. *Journal of the American Psychoanalytic Association, 46*, 1169-1194. (PEP)

Joseph, B. (1971). A clinical contribution to the analysis of a perversion. *International Journal of Psycho-Analysis, 52*, 441-449. (PEP)

Class 11

Impulse disorders

Bernstein, J. (1994). Anger: Impulse and inhibition - impressions and reflections of a modern analyst. *Modern Psychoanalysis, 19*, 7-16. (PEP)

Goldwater, E. (1994). Impulsivity, aggression, fantasy, space and time. *Modern Psychoanalysis, 19*, 19-26. (PEP)

Meadow, P. (1994). The role of aggression in impulse disorders: Discussant's remarks. *Modern Psychoanalysis, 19*, 27-32. (PEP)

Class 12

Addictions and Eating Disorders

Kernberg, O. F. (1995). Technical approach to eating disorders in patients with borderline personality organization. *Annual of Psychoanalysis, 23*, 33-48. (PEP)

Additional Recommended Readings

- Aviv, A., & Springman, R. (1990). Negative countertransference and negative therapeutic reaction: Prognostic indicators in the analysis of severe psychopathology. *Contemporary Psychoanalysis*, 26, 692-715.
- Balint, M. (1945). Friendly expanses: Horrid, empty spaces. *International Journal of Psychoanalysis*, 36, 225-241.
- Brenner, C. (1991). A psychoanalytic perspective on depression. *Journal of the American Psychoanalytic Association*, 39, 25-43.
- Brenner, C. (1994). The mind as conflict and compromise function. *Journal of Clinical Psychoanalysis*, 3, 165-180.
- Bromberg, P. M. (1983). The mirror and the mask: On narcissism and psychoanalytic growth. *Contemporary Psychoanalysis*, 19, 359-386.
- Castelnuovo-Tedesco, P., & Reiser, L. W. (1988). Compulsive eating: Obesity and related phenomena. *Journal of the American Psychoanalytic Association*, 36, 163-171.
- Compton, A. (1998). An investigation of anxious thought in patients with DSM-IV Agoraphobia/Panic Disorder: Rationale and design. *Journal of the American Psychoanalytic Association*, 46, 691-721.
- Fenichel, O. (1945). Anxiety as neurotic symptom: Anxiety hysteria. In *The psychoanalytic theory of neurosis* (pp. 193-215). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Obsession and compulsion. In *The psychoanalytic theory of neurosis* (pp. 268-310). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Pre genital conversions. In *The psychoanalytic theory of neurosis* (pp. 311-323). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Psychoneuroses, the neurotic conflict. In *The psychoanalytic theory of neurosis* (pp. 129-192). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Traumatic neuroses. In *The psychoanalytic theory of neurosis* (pp. 117-128). New York, NY: W. W. Norton.
- Fonagy, P. (1991). Thinking about thinking: Some clinical and theoretical considerations in the treatment of a borderline patient. *International Journal of Psychoanalysis*, 2, 639-656.
- Freud, S. (1959). Some general remarks on hysterical attacks. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 9, pp. 227-234). (Original work published 1909)
- Freud, S. (1963). Anxiety. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud*. (Vol. 16, pp. 392-411). (Original work published 1916)
- Giovacchini, P. (1979). The hopeless patient: Schizoid disorders. In *Treatment of primitive mental states* (pp. 96-138). Northvale, NJ: Aronson.
- Grotstein, J. S., Solomon, M. F., & Lang, J. A. (Eds.). (1987). *The borderline patient: Emerging concepts in diagnosis, psychodynamics and treatment*. Hillsdale, NJ: Analytic Press.
- Hamburg, P. (1999). The lie: Anorexia and the paternal metaphor. *Psychoanalytic Review*, 87, 746-769.
- Hartocollis, P. (2002). 'Actual neurosis' and psychosomatic medicine. *International Journal of Psychoanalysis*, 83, 1361-1373.
- Herzog, D. (1988). Eating disorders. In A. M. Nicholi (Ed.), *The new Harvard guide to psychiatry* (pp. 434-445). Cambridge, MA: Harvard University Press.
- Jacobson, E. (1954). Contribution to the metapsychology of psychotic identification. *Journal of the American Psychoanalytic Association*, 2, 239-262.
- Jacobson, E. (1971). *Depression: Comparative states of normal, neurotic and psychotic conditions*. Madison, CT: International Universities Press.
- Joseph, B. (1959). An aspect of the repetition compulsion. *International Journal of Psychoanalysis*, 40, 213-222.

- Joseph, B. (1960). Some characteristics of the psychopathic personality. *International Journal of Psychoanalysis*, 41, 526-531.
- Kahn, M. (1981). From masochism to psychic pain. *Contemporary Psychoanalysis*, 17, 413-421.
- Kaufman, (1963). The defensive aspects of impulsivity. *Bulletin of the Menninger Clinic*, 27, 24-32.
- Kernberg, O. (1967). Borderline personality organization. *Journal of the American Psychoanalytic Association*, 15, 641-685
- Kernberg, O. (1975). Borderline personality organization: The syndrome. In *Borderline Conditions and Pathological Narcissism* (pp. 3-48). Northvale, NJ: Aronson.
- Kernberg, O. (1991). The psychopathology of hatred. *Journal of the American Psychoanalytic Association*, 39S, 209-238.
- LaPlanche, J. (1974). Panel on hysteria today. *International Journal of Psychoanalysis*, 55, 459-469.
- MacKinnon, R. A., & Michels, R. (1971). The depressed patient. In *The psychiatric interview in clinical practice* (pp. 174-195). Philadelphia, PA: Saunders.
- MacKinnon, R. A., & Michels, R. (1971). The hysterical patient. In *The psychiatric interview in clinical practice* (pp. 110-124). Philadelphia, PA: Saunders.
- Mahler, M. (1971). A study of the separation-individuation process and its possible application to borderline phenomena in the psychoanalytic situation. *Psychoanalytic Study of the Child*, 26, 403-424.
- Meloy, J. R. (1988). *The psychopathic mind: Origins, dynamics and treatment*. Northvale, NJ: Aronson.
- Milrod, B. (1995). The continued usefulness of psychoanalysis in the treatment armamentarium for panic disorder. *Journal of the American Psychoanalytic Association*, 43, 151-162.
- Nydes, J. (1963). The paranoid-masochistic character. *Psychoanalytic Review*, 50, 215-251.
- Reich, W. (1949). Some circumscribed character forms. In *Character analysis* (3rd enlarged ed.) (pp. 189-207). New York, NY: Orgone Institute Press.
- Schmideberg, M. (1959). The borderline patient. In S. Arieti (Ed.), *American handbook of psychiatry*, Vol. 1 (pp. 398-416). New York, NY: Basic Books.
- Shapiro, D. (1965). Impulsive styles. In *Neurotic styles* (pp. 134-175). New York, NY: Basic Books.
- Shengold, L. (1985). Defensive anality and anal narcissism. *International Journal of Psychoanalysis*, 66, 47-73.
- Spotnitz, H. (1960). The neurotic child. In M. B. & G. B. Gottsegen (Eds.), *Professional school psychology*, Vol. 1. New York, NY: Grune & Stratton.
- Spotnitz, H. (1976). The borderline schizophrenic (diagnostic considerations). In *Psychotherapy of Preoedipal Conditions* (pp. 271-273). Northvale, NJ: Aronson.
- Spotnitz, H. (1985). Recognition and understanding of resistance. *Modern Psychoanalysis of the Schizophrenic Patient* (2nd ed.) (pp. 143-162). New York, NY: Human Sciences Press.
- Tauber, E. S. (1981). Symbiosis, narcissism, necrophilia. *Journal of the American Academy of Psychoanalysis*, 9, 33-49.
- Weinshel, E. M. (1988). The many borders of borderline: On the virtues of modesty in psychoanalytic diagnosis. *Psychoanalytic Inquiry*, 8, 333-352.
- Wilson, C. P., & Mintz, I. L. (Eds.). (1989). *Psychosomatic symptoms: Psychodynamic treatment of the underlying personality disorder*. Northvale, NJ: Aronson.