

**Syllabus**  
**PT 186 Beyond Psychosis: Typology of Conflict and Defense**  
**R. García**                      **Fall 2017**

**Mon. 7:30-9:30**  
**CMPS: 30 Clock Hours**  
**NYGSP: 2 Credits**

**Course Description**

This course deals with a range of pathologies likely to be met at the Consultation and Referral Service and in current private practice. It is taken after at least one year at the fieldwork placement.

**Course Objectives**

The student will be able to:

- identify, describe, and discuss the psychodynamics of symptoms, core conflict, and characteristic defenses inherent in neuroses and character disorders; and
- diagnose the neurotic and character disorders in terms of drives, wishes, affects, defense, interpersonal style, and objective countertransference.

**Teaching Methods**

Guided discussions of assigned readings and case material presented by the instructor and the students.

**Methods of Evaluation**

Students are evaluated on the basis of their progressive understanding of psychopathology as evidenced in class participation and the fulfilling of class requirements: attendance (only two absences allowed), logs, and a paper.

Logs: Each week students write logs describing their emotional and intellectual experience of the previous class session or of the readings. Logs can be submitted to me electronically at [raulagarcia@phd@gmail.com](mailto:raulagarcia@phd@gmail.com).

Paper: The paper is case formulation of one of the patients seen at your field placement and will follow a more detailed format to be handed out on the first day of class. Generally the paper will begin with a narrative and proceed to an outline (with examples) of the central resistances, the transference, and the counter-transference; the paper will end with a conclusion in the form of an extensive diagnosis using some of the variables described in McWilliams's way of formulating a case. Students must refer to some of the other theoretical readings in the course and say how these other readings helped (or not) in understanding their patient. The paper should run about 15 pages.

Texts: The following texts are significant teaching texts in that they explain many of the theoretical concepts and problems seen in clinical work as well as in the work of becoming an analyst.

- 1) PDM Task Force (2006). *Psychodynamic diagnostic manual*. Silver Springs, MD: Alliance of Psychoanalytic Organizations.
- 2) Moore, B. E., & Fine, B. D. (Eds.). (1995). *Psychoanalysis: The major concepts*. New Haven, CT: Yale University Press.

- 3) McWilliams, N. (2011). *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.). New York, NY: Guilford Press.
- 4) Spontnitz, H. (1985). *Modern psychoanalysis of the schizophrenic patient* (2<sup>nd</sup> ed.). New York, NY: Human Sciences Press.
- 5) Geltner, P. (2013). *Emotional communication: Countertransference analysis and the use of feeling in psychoanalytic technique*. New York, NY: Routledge.

**Please note: You'll need to purchase McWilliams (2011), *Psychoanalytic Diagnosis* (2<sup>nd</sup> ed.), as most of the book will be read over the semester. A copy will also be on the Reserve shelves in the library.**

### **Assigned Readings**

#### **Class 1 Introduction: Resistances**

McLaughlin, J. T. (1995). Resistance. In B. E. Moore & B. D. Fine (Eds.), *Psychoanalysis: The major concepts* (pp. 95-109). New Haven, CT: Yale University Press.

#### **Class 2 Developmental Levels**

McWilliams, N. (2011). Overview of the neurotic-borderline-psychotic spectrum. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 55-67). New York, NY: Guilford Press.

Spotnitz, H. (1985). Recognition and understanding of resistance. In *Modern psychoanalysis of the schizophrenic patient* (2<sup>nd</sup> ed.) (pp. 143-162). New York, NY: Human Sciences Press.

#### **Class 3 Defensive Processes**

McWilliams, N. (2011). Primary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 100-125). New York, NY: Guilford Press.

McWilliams, N. (2011). Secondary defensive processes. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 126-149). New York, NY: Guilford Press.

#### **Class 4 Narcissistic Personality**

McWilliams, N. (2011). Narcissistic personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 176-195). New York, NY: Guilford Press.

Spotnitz, H. (1976). The narcissistic defense. In *Psychotherapy of preoedipal conditions* (pp. 101-109). New York, NY: Jason Aronson.

#### **Class 5 Schizoid Personality**

Guntrip, H. (1969). The schizoid personality. In *Schizoid phenomena, object- relations, and the self* (pp. 18-48). New York, NY: International Universities Press.

McWilliams, N. (2011). Schizoid personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 196-212). New York, NY: Guilford Press.

### **Class 6 Schizoid Personality (continued)**

Spotnitz, H. (1988). Development of the narcissistic transference (The case of Harry). *Modern Psychoanalysis, 13*, 5-32. (PEP)

### **Class 7 Paranoid Personality**

McWilliams, N. (2011). Paranoid personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 214-233). New York, NY: Guilford Press.

### **Class 8 Depressive and Manic Personality**

Aarons, Z. (1990). Depressive affect and its ideational content. *Journal of the American Psychoanalytic Association, 71*, 285-296. (PEP)

McWilliams, N. (2011). Depressive and manic personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 235-264). New York, NY: Guilford Press.

### **Class 9 Masochistic Personality**

McWilliams, N. (2011). Masochistic (self-defeating) personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 267-287). New York, NY: Guilford Press.

### **Class 10 Masochistic Personality (continued)**

Goldwater, E. (1994). Impulsivity, aggression, fantasy, space and time. *Modern Psychoanalysis, 19*, 19-26. (PEP)

Kernberg, O. F. (1995). Technical approach to eating disorders in patients with borderline personality organization. *Annual of Psychoanalysis, 23*, 33-48. (PEP)

Meadow, P. (1994). The role of aggression in impulse disorders: Discussant's remarks. *Modern Psychoanalysis, 19*, 27-32. (PEP)

### **Class 11 Obsessions and Compulsions**

McDougall, J. (1995). Neoneeds and addictive sexualities. In *The many faces of Eros* (pp. 183-200). New York, NY: W.W. Norton.

McWilliams, N. (2011). Obsessive and compulsive personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 289-309). New York, NY: Guilford Press.

### **Class 12 Hysterical Personality**

LaPlanche, J. (1974). Panel on hysteria today. *International Journal of Psychoanalysis, 55*, 459-469. (PEP)

McWilliams, N. (2011). Hysterical (histrionic) personalities. In *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2<sup>nd</sup> ed.) (pp. 311-331). New York, NY: Guilford Press.