

**Syllabus**  
**PT 184 Primitive Mental States**  
**D. Gilhooley Spring 2018**

**Mon. 3:30-5:30**  
**CMPS: 30 Clock Hours**  
**NYGSP: 2 Credits**

**Course Description**

This course imparts a psychodynamic understanding of symptoms, core conflicts, and characteristic defenses in psychotic and narcissistic disorders.

**Objectives**

The student will be able to:

- demonstrate a psychodynamic understanding of the symptoms, core conflicts, and characteristic defenses inherent in primitive mental states; and
- distinguish between psychoanalytic and psychiatric diagnoses of symptoms, and recognize onset, course, and prognosis of the major mental disorders.

**Teaching Method**

Discussion of the assigned readings and videos. Emotional learning will occur by connecting the student's emotional experience with the course's theoretical content.

**Method of Evaluation**

Evidence of progressive understanding of clinical psychopathology is demonstrated by class participation, logs, written reports, and final paper. After the first class, email logs 24 hours before the start of each class to [dangilhooley@yahoo.com](mailto:dangilhooley@yahoo.com). Students will visit three psychiatric institutions during the semester, submitting written reports of those visits by the last class. A final paper is due the last class.

**Resource Texts**

Alhanati, S., & Kostoulas, K. (Eds.). (1997). *Primitive mental states: Across the lifespan (Primitive mental states, vol. 1)*. Northvale, NJ: Jason Aronson.

Boyer, L. B., & Giovacchini, P. L. (Eds.). (1990). *Master clinicians on treating the regressed patient*. Northvale, NJ: Aronson.

Dell, P., & O'Neil, J. (Eds.) (2009). *Dissociation and the dissociative disorders: DSM-V and beyond*. New York, NY: Routledge.

Eigen, M. (1986). *The psychotic core*. New York, NY: Aronson.

Fenichel, O. (1954). *The collected papers of Otto Fenichel: Second series*. New York, NY: W. W. Norton.

Goldston, D. (2003). *Measuring suicidal behavior and risk in children and adolescents*. Washington, DC: American Psychological Association.

Goodwin, F., & Jamison, K. (1990). *Manic-depressive illness*. Oxford, England: Oxford University Press.

\*Greenberg, J. (1964). *I never promised you a rose garden*. New York, NY: Henry Holt.

Jacobs, D. (ed.) (1999). *The Harvard Medical School guide to suicide assessment and intervention*. San Francisco, CA: Jossey-Bass.

\*Kayson, S. (1993). *Girl, interrupted*. New York, NY: Random House.

- Leudar, I., & Thomas, P. (2000). *Voices of reason, voices of insanity: Studies of verbal hallucinations*. London, England: Routledge.
- Meadow, P. W. (2003). *The new psychoanalysis*. Lanham, MD: Rowman & Littlefield.
- Moore, B., & Fine, B. (1990). *Psychoanalytic terms and concepts*. New Haven, CT: Yale University Press.
- \*Nasar, S. (1998). *A beautiful mind*. New York, NY: Simon & Schuster.
- Nicholi, A. M., Jr. (Ed.). (1999). *New Harvard guide to psychiatry* (3<sup>rd</sup> ed.) Cambridge, MA: Harvard University Press.
- \*Romme, M., & Escher, S. (1993). *Accepting voices*. London, England: Mind Publications.
- Sacks, O. (2012). *Hallucinations*. New York, NY: Alfred A. Knopf.
- \*Saks, E. (2007). *The center cannot hold: My journey through madness*. New York, NY: Hyperion.
- \*Schehaye, M. (1951). *Autobiography of a schizophrenic girl*. New York, NY: Grune and Stratton.
- Searles, H. (1965). *Collected papers on schizophrenia and related subjects*. New York, NY: International Universities Press.
- Searles, H. (1979). *Countertransference and related subjects: Selected papers*. New York, NY: International Universities Press.
- Spotnitz, H. (1985). *Modern psychoanalysis of the schizophrenic patient* (2<sup>nd</sup> ed.). New York, NY: Human Sciences Press.
- \*Styron, W. (1990). *Darkness visible: A memoir of madness*. New York, NY: Random House.
- \*Biographical or autobiographical accounts

## Assigned Readings

### Class 1

- Gibbs, P. L. (2007). The primacy of psychoanalytic intervention in recovery from the psychoses and schizophrenias. *Journal of the American Academy of Psychoanalysis*, 35, 287-312. (PEP)
- Saks, E. (2012, June). *Elyn Saks: A tale of mental illness--from the inside* [Video file]. Retrieved from [http://www.ted.com/talks/elyn\\_saks\\_seeing\\_mental\\_illness.html](http://www.ted.com/talks/elyn_saks_seeing_mental_illness.html)
- Tsuang, M., Faraone, S. V., & Green, A. (1999). Schizophrenia and other psychotic disorders. In *New Harvard guide to psychiatry* (3rd ed.). (pp. 243-252). Cambridge, MA: Harvard University Press.

### Class 2

- Longden, E. (2013, February). *Eleanor Longden: The voices in my head* [Video file]. Retrieved from [http://www.ted.com/talks/eleanor\\_longden\\_the\\_voices\\_in\\_my\\_head.html](http://www.ted.com/talks/eleanor_longden_the_voices_in_my_head.html)
- Romme, M., Escher, S., Dillon, J., Corstens, D., & Morris, M. (2009). *Living with voices: 50 stories of recovery* (pp. 104-125). Monmouth, UK: PCCS Books.

### Class 3

- Searles, H. (1979). The schizophrenic individual's experience of his world. In *Countertransference and related subjects* (pp. 5-27). New York, NY: International Universities Press.
- Spotnitz, H. (1985). Conceptualization of the illness. In *Modern psychoanalysis of the schizophrenic patient* (2<sup>nd</sup> ed.) (pp. 40-69). New York, NY: Human Sciences Press.

### Film:

- Kimmel, S., Cameron, J., & Aubrey, S. (Producers) & Gillespie, C. (Director). (2008). *Lars and the real girl* [Motion picture]. USA: MGM Studios.

#### **Class 4**

- Fenichel, O. (1954). Early stages of ego development. In *The collected papers of Otto Fenichel: Second series* (pp. 25-48). New York, NY: W. W. Norton. (Original work published 1937)
- Insel, T. (2013, January). *Thomas Insel: Toward a new understanding of mental illness* [Video file]. Retrieved from [http://www.ted.com/talks/thomas\\_insel\\_toward\\_a\\_new\\_understanding\\_of\\_mental\\_illness.html](http://www.ted.com/talks/thomas_insel_toward_a_new_understanding_of_mental_illness.html)

#### **Class 5**

- Fonagy, P., & Target, M. (1995). Understanding the violent patient: The use of the body and the role of the father. *International Journal of Psychoanalysis*, 76, 487-501. (PEP)
- Freud, S. (1966). Draft H: Paranoia. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 1, pp. 206-212). London, England: Hogarth Press. (Original work published 1894) (PEP)
- Freud, S. (1966). Draft K: Paranoia. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 1, pp. 226-228). London, England: Hogarth Press. (Original work published 1895) (PEP)
- Documentary:  
Teale, S. (Producer), & De Leo, M. (Director). (2001). *Bellevue: Inside out* [Video file]. Retrieved from <https://www.youtube.com/watch?v=N1Bab-bjsLQ>

#### **Class 6**

- Menninger, K. A. (1933). Psychoanalytic aspects of suicide. *International Journal of Psychoanalysis*, 14, 376-390. (PEP)
- Schramm, J. D. (2011, March). *Break the silence for suicide attempt survivors* [Video File]. Retrieved from [https://www.ted.com/talks/jd\\_schramm?utm\\_campaign=tedsread](https://www.ted.com/talks/jd_schramm?utm_campaign=tedsread)

#### **Class 7**

- Chefetz, R. (2015). Life as performance art: The search for felt coherence. In *Intensive psychotherapy for persistent dissociative processes* (pp. 33-56). New York, NY: Norton.
- hughsfan30. (2010, March 18). *did\_three\_faces\_eve.flv* [Video File]. (Chris Costner Sizemore interviewed by Corbett Thigpen) Retrieved from <https://www.youtube.com/watch?v=9X3r49yamIE>
- RetroReport. (2014, November 28). *Sybil: A brilliant hysteric?* [Video File]. Retrieved from <https://www.nytimes.com/video/us/100000003250377/sybil-a-brilliant-hysteric.html>

#### **Class 8**

- Jamison, K. (1993). Could it be madness-this?: Controversy and evidence. In *Touched with fire: Manic-depressive illness and the artistic temperament* (pp. 49-99). New York, NY: Simon & Schuster.
- TEDx Talks. (2011, December 8). *TEDxTerryTalks - Laura Bain - Living with bipolar type II* [Video File]. Retrieved from <https://youtube.com/watch?v=8Ki9dgG3P5M>

#### **Class 9**

- Spotnitz, H. (1988). Development of a narcissistic transference (the case of Harry). *Modern Psychoanalysis*, 13, 5-65. (PEP)
- Film:  
Mangold, J. (Director). (1999). *Girl, interrupted*. [Motion picture] USA: Columbia Pictures.

### **Class 10**

Farber, S., Jackson, C., Tabin, J., & Bachar, E. (2007). Death and annihilation anxieties in anorexia nervosa, bulimia, and self-mutilation. *Psychoanalytic Psychology*, 24, 289-305. (PEP)

TEDx Talks. (2016, June 29). *Starving for the good: An anorexic's search for meaning & perfection* | Elisabeth Huh / TEDxUChicago [Video file]. Retrieved from <https://youtube.com/watch?v=GxI0ewBJdMo>

### **Class 11**

Bollas, C. (1999). Occasional madness of the psychoanalyst. In *The mystery of things* (pp. 140-148). New York, NY: Routledge.

Winnicott, D. W. (1974). Fear of breakdown. *International Review of Psycho-Analysis*, 1, 103-107. (PEP)

### **Class 12**

Moody, R. (1976). The experience of dying. In *Life after life: The investigation of a phenomenon—survival of bodily death* (pp. 31-97). Harrisburg, PA: Stackpole Books.

TEDx Talks. (2014, September 15). *From life to death, beyond and back* | Thomas Fleischmann / TEDxTUHHSalon [Video file]. Retrieved from <https://www.youtube.com/watch?v=mMYhgTgE6MU>

TEDx Talks. (2015, December 2). *I see dead people: Dreams and visions of the dying* | Dr. Christopher Kerr / TEDxBuffalo [Video file]. Retrieved from <https://www.youtube.com/watch?v=rbnBe-vXGQM>