

Syllabus
PT 172 Clinical Investigations and Ethics in Psychoanalysis
D. Gilhooley Fall 2018

Mon. 3:30-5:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course introduces students to a variety of research methodologies that have been used to study psychoanalytic questions. Contemporary methodological concepts are introduced and the problems inherent in psychoanalytic investigations involving clinical materials are explored. Students learn how psychoanalytic methods are used to infer hidden unconscious meanings behind irrational behaviors, beliefs, perceptions, and emotions. Ethical issues that arise in the practice of psychoanalysis are discussed.

This course will cover the research methods used in psychoanalysis with a particular emphasis on the single case study. The single case, whether presented verbally or in written form, remains the primary vehicle for developing, evaluating, and communicating psychoanalytic theory. The single case model will be the basis of the student's psychoanalytic education. Ethical dimensions of psychoanalytic practice involving love, erotic intimacy, physical contact, and confidentiality are considered.

Objectives

The student will be able to:

- describe psychoanalysis as a therapeutic technique and a method of inquiry;
- formulate questions about unconscious mental processes;
- describe a systematic method of selecting and analyzing data to test such questions;
- develop an increasing ability to sustain multiple, sometimes contradictory, explanations of data;
- critically distinguish between observation, assumption, and inference; and
- discuss and assess the ethical dilemmas involved in psychoanalytic research and practice

Method of evaluation

Students will be evaluated based on class participation, oral presentations, written logs, and a case study written over the course of the term. This case study should be a thoughtful narrative description of an individual subject in which the student formulates questions about the unconscious causes for specific repetitive behaviors. The student will consider issues of confidentiality and the effect of the student's writing upon the subject. Logs can be emailed to me at dangilhooley@yahoo.com.

Psychoanalytic Research and Ethics Resources

- Pragmatic Case Studies in Psychotherapy*. A peer-reviewed, multi-theoretical, freely available e-journal of systematic case studies and case study methods. Published by Rutgers University. <http://pcsp.libraries.rutgers.edu/index.php/pcsp>
- Bornstein, R., & Masling, J. (1998). *Empirical studies of the therapeutic hour*. Washington, DC: American Psychological Association.
- Bucci, W. (1997). *Psychoanalysis and cognitive science*. New York, NY: Guilford Press.
- Dewald, P., & Clark, R. (2008). *Ethics casebook of the American Psychoanalytic Association*. New York, NY: American Psychoanalytic Association.
- Ellenberger, H. (1970). *Discovery of the unconscious*. New York, NY: Basic Books.
- Gabbard, G., & Lester, E. (1995). *Boundaries and boundary violations in psychoanalysis*. New York, NY: Basic Books.
- Kachele, H., Schachter, J., & Thoma, H. (2009). *From psychoanalytic narrative to single case research*. New York, NY: Routledge.
- Luborsky, L. (1996). *The symptom-context method*. Washington, DC: American Psychological Association.
- Mackay, N., & Poser, S. (2004). The case study in psychoanalytic education. *Modern Psychoanalysis*, 29, 171-192.
- Mahony, P. (1986). *Freud and the Rat Man*. New Haven: Yale University Press.
- McLeod, J. (2010). *Case study research in counseling and psychotherapy*. London, England: Sage.
- Meadow, P. (2011). Ethical thought and instinctual life. In an issue devoted to "In the Interest of the Patient: An Ethics for Psychoanalysis," *Modern Psychoanalysis*, 36, 158-175.
- Michels, R. (2000). The case history. *Journal of the American Psychoanalytic Association*, 48, 355-375.
- Safran, J. (2012). Doublethinking or dialectical thinking: A critical appreciation of Hoffman's doublethinking critique. *Psychoanalytic Dialogues*, 22, 710-720.
- Schachter, J. (2005). *Transforming lives: Analyst and patient view the power of psychoanalytic treatment*. Lanham, MD: Jason Aronson.
- Wallerstein, R. (2010). *Forty-two lives in treatment: A study of psychoanalysis and psychotherapy*. New York, NY: Other Press.
- Willock, B., Curtis, R., & Bohm, L. (Eds.) (2009). *Taboo or not taboo? Forbidden thoughts, forbidden acts in psychoanalysis and psychotherapy*. London, England: Karnac.
- Weiss, J., & Sampson, H. (1986). *The psychoanalytic process*. New York, NY: Guilford Press.

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Assigned Readings

Class 1: Mind Influencing Matter: The Man who Could Fly

- Dingwall, E. (1962). St. Joseph of Copertino: The friar who flew. In *Some human oddities: Studies in the queer, the uncanny and the fanatical* (pp. 9-37). New Hyde Park, NY: University Books.
- Grosso, M. (2016). The case for Joseph's levitations. In *The man who could fly: St. Joseph of Copertino and the mystery of levitation* (pp. 69-90). Lanham, MD: Rowman & Littlefield.

Class 2: First Psychotherapy Outcome Study: The Exorcisms of Johann Joseph Gassner

- Ellenberger, H. (1970). *Discovery of the unconscious* (pp. 53-57). New York, NY: Basic Books.
- Midelfort, H. E. (2005). Healing. In *Exorcism and enlightenment: Johann Joseph Gassner and the demons of eighteenth-century Germany* (pp. 59-86). New Haven, CT: Yale University Press.

Class 3: Franz Anton Mesmer and Maria Theresa Paradis

Halberstadt, M. (2008). *The pianist in the dark* (pp. 27-62). New York, NY: Pegasus Books.

Makari, G. (1994). Franz Anton Mesmer and the case of the blind pianist. *Hospital and Community Psychiatry*, 45,106-110.

Class 4: The Origin Case Study: Josef Breuer and Bertha Pappenheim

Borch-Jacobsen, M. (1996). "Kreuzlingen;" "Constructions;" and "The 1882 report." In *Remembering Anna O.: A century of mystification* (pp. 21-61). New York, NY: Routledge.

Breuer, J. (1955). Fraulein Anna O., Studies on Hysteria. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 2, pp. 21-47). London, England: Hogarth Press. (Original work published 1895)
<http://www.pep-web.org/document.php?id=se.002.0000a>

Class 5: Love in the Analytic Hour

Gabbard, G. (1994). Sexual excitement and countertransference love in the analyst. *Journal of the American Psychoanalytic Association*, 42, 1083-1106.

<http://www.pep-web.org/document.php?id=apa.042.1083a>

Gilhooley, D., & Toich, F. (2018). Love. In *I woke up Dead*, unpublished manuscript.

Class 6: Freud's First Case Applying Breuer's Hypnotic Method: Fanny Moser

Bromberg, P. (1996). Hysteria, dissociation, and cure: Emmy von N. revisited. *Psychoanalytic Dialogues*, 6, 55-71.

<http://www.pep-web.org/document.php?id=pd.006.0055a>

Freud, S. (1955). Frau Emmy von N., Studies on Hysteria. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 2, pp. 48-105). London, England: Hogarth Press. (Original work published 1895)
<http://www.pep-web.org/document.php?id=se.002.0000a>

Class 7: Freud's First Non-Hypnotic Case: Ilona Weiss

Freud, S. (1955). Fraulein Elizabeth von R., Studies on Hysteria. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 2, pp. 135-181). London: Hogarth Press. (Original work published 1895)

<http://www.pep-web.org/document.php?id=se.002.0000a>

Class 8: Freud's First Use of Free Association: Ernst Lanzer (Rat Man)

Freud, S. (1955). Extracts from the case history. From Notes upon a case of obsessional neurosis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 10, pp. 158-220). London, England: Hogarth Press. (Original work published 1909)

<http://www.pep-web.org/document.php?id=se.010.0000a>

Class 9: Freud and Sergei Pankejeff (Wolf Man)

Freud, S. (1953). From the history of an infantile neurosis [a selection]. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 17, pp. 7-47). London, England: Hogarth Press. (Original work published 1925)

<http://www.pep-web.org/document.php?id=se.007.0000a>

Obholzer, K. (1982). Freud the father. In *The Wolf-Man sixty years later: Conversations with Freud's controversial patient* (pp. 25-45). New York, NY: Continuum.

Class 10: Psychoanalysis as Therapeutic Technique, Method of Inquiry, Form of Telling

Forrester, J. (1990). Psychoanalysis: Gossip, telepathy and/or science. In *The seductions of psychoanalysis: Freud, Lacan and Derrida* (pp. 243-259). Cambridge, England: Cambridge University Press.

Lynn, D., & Vaillant, G. (1998). Anonymity, neutrality, and confidentiality in the actual methods of Sigmund Freud: A review of 43 cases, 1907-1939. *American Journal of Psychiatry*, 155, 163-171.

Week 11: Touching Limits in Psychoanalysis

Casement, P. (1982). Some pressures on the analyst for physical contact during the reliving of an early trauma. *International Review of Psychoanalysis*, 9, 279-286.

<http://www.pep-web.org/document.php?id=irp.009.0279a>

Fosshage, J. (2009). To touch or not to touch in the psychoanalytic arena. In B. Willock, R. Curtis, & L. Bohm (Eds.), *Taboo or not taboo? Forbidden thoughts, forbidden acts in psychoanalysis and psychotherapy* (pp. 327-350). London, England: Karnac.

Class 12: Ethical Considerations in Writing about Patients

Aron, L. (2000). Ethical considerations in writing psychoanalytic case histories. *Psychoanalytic Dialogues*, 10, 231-245.

<http://www.pep-web.org/document.php?id=pd.010.0231a>

Gerson, S. (2000). The therapeutic action of writing about patients: Commentary on papers by Lewis Aron and Stuart A. Pizer. *Psychoanalytic Dialogues*, 10, 261-266.

<http://www.pep-web.org/document.php?id=pd.010.0261a>

Stoller, R. (1988). Patients' responses to their own case reports. *Journal of the American Psychoanalytic Association*, 36, 371-391.

<http://www.pep-web.org/document.php?id=apa.036.0371a>