Course Description
This course studies the relationship between narcissism and aggression with particular attention to those disorders in which self-hate predominates over self-love. The meaning of the narcissistic defense is clarified and the treatment techniques that have been devised to work with narcissistic disorders are discussed with reference to clinical material.

Objectives
Upon completion of this course, the student will be able to:

- define and identify the role narcissism and aggression play in behavior, especially as they relate to those disorders in which self-hate predominates over self-love;
- identify the narcissistic defense as it is expressed in treatment; and develop an understanding of the treatment techniques used to work with narcissistic disorders and an understanding as to how they are effective; and
- compare and contrast aggressive behaviors and treatment destructive behaviors along with possible interventions to resolve both.

Bases for Evaluation
Satisfactory achievement of the objectives assumes that the student has:

- come to class having read the required reading and ready to participate in class discussions;
- contributed regularly to the discussions, demonstrating a grasp of the material and a capacity to make use of the principal concepts in clinical and/or personal experience;
- submitted weekly logs via the instructor’s email: nkirman@cmps.edu; and
- submitted a final paper, the specific requirement for which will be discussed in class.

Assigned Readings
Class 1

Class 2

Class 3
Class 4

Class 5

Class 6

Class 7

Class 8

Class 9

Class 10

Class 11

Class 12
Additional Readings and Resources


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A list of readings relevant to class discussions will be developed as the course unfolds.