Course Description
This course will enable students to obtain a clear grasp of modern theory of treatment, from the point of first contact between analyst and patient, through to the development and varying stages of transference, countertransference and resistance. The emphasis will be on affective communication, the therapeutic use of feelings, psychodynamic diagnosis, the attitude of the analyst, and analysis of the countertransference and induced feelings.

Objectives:
- Describe the concepts underlying the modern psychoanalytic approach to beginning treatment;
- Learn the pivotal role of the contact function in all phases of analysis: elaboration of the range of modern psychoanalytic techniques of ego insulation and reinforcement;
- Identification, management and resolution of resistances;
- How to analyze silently; assessment of patient’s patterns of frustration tolerance and impulse control as a guide to diagnosis;
- Examine transference phenomenon and distinguish differences of levels along the continuum of narcissistic to object transferences; and
- Consider how verbal and nonverbal interventions can be derived from analysis of induced countertransference reactions and utilized to establish and work through narcissistic and object transference.

Method of Evaluation
Class participation, attendance, weekly logs covering readings and class process, and a final paper. Logs can be emailed to roryrothman@gmail.com

Texts

Assigned Readings
Class 1
Class 2

Class 3

Class 4

Class 5

Class 6

Class 7

Class 8
Class 9

Class 10

Class 11

Class 12

Recommended Readings


**Recommended videos:**


*available through CMPS library