Course Description
This course identifies the central developmental tasks and inherent conflicts typical of adulthood. Young adults struggle with pregenital and genital aims, including the repetition of incestuous longings and the fear of intimacy. Middle-aged and older adults face new realities: limitations of possibility, physical and sexual changes, the departure of children, marital readjustments, and the awareness of death. Also examined are early conflicts that re-emerge in the aging process and transference/countertransference and resistance issues in the treatment of adult patients.

Objectives
Students will be able to:
- recognize primitive elements of the libidinal and aggressive impulses of adult behavior as they are presented through case material;
- describe the importance of the capacity to integrate emotions and perceptions with reality testing;
- identify central conflicts and their potential resolutions across the lifespan, through clinical examples; and
- understand the complexity of working with individuals who occupy the same developmental stage.

Method of Evaluation
Course objectives will be explored using assigned readings and analyses of class processes. Students are expected to produce:
- class participation
- weekly logs sent to tlaquercia.com. Instructor and students will have an opportunity to exchange ideas generated by logs if they are received before the Sunday of the next class meeting.
- logs should be sent no later than the Monday before the next class meeting.
- a final project/paper that will be proposed by each student and discussed in class.
- papers and projects will have appropriate references to class readings and any additional research undertaken by students.
Assigned Readings

Class 1

Class 2

Class 3

Class 4

Class 5

Class 6

Class 7
Class 8

Class 9

Class 10

Class 11

Class 12
Additional Recommended Readings

Additional References