

Syllabus
PT 144 Adolescence
A. Musolino Spring 2019

Wed. 5:30-7:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course will provide an opportunity for students to:

- Study maturation as it unfolds during adolescence and its attendant psychic turmoil.
- Explore adolescent drive, conflicts and resolution as expressed in the individual's body and mind.
- Understand the second reworking of early issues within the framework of greater biological maturity.
- Explore adolescent conflicts, difficulties with object relations, and possible solutions to the conflicts and difficulties.
- Study how unresolved early childhood conflicts re-emerge, and how resistances to adulthood can lead to various social and psychological problems.

Objectives

The student will be able to:

- Describe adolescent maturation processes and their effects on the individual's body and mind;
- Identify adolescent drives, issues, conflicts and possible resolutions;
- Connect intra-psychic changes with their external expression in work, friendship and sex; and
- Recognize adolescent variation in pathological disturbance and distinguish normative developmental behavior from those disturbances.

Course Requirements

- Students are expected to study the required readings or view the assigned films before class and be prepared to discuss them.
- A log for each class is to be mailed to the instructor at amusolino@cmps.edu before the start of the next scheduled class. Logs are a private communication to Ms. Musolino, where the student can explore ideas and feeling about the reading and class discussion. The email subject should be PT 144.
- Each student will be assigned to read and comment on the readings for the week. The commentary should be typed on one page of 8½ by 11 paper and handed in for the assigned week's reading.

Methods of Evaluation

- Informed participation in class discussions, demonstrating a grasp of the material.
- Well written weekly logs submitted via email to amusolino@cmps.edu that includes a summary of the reading for the class attended as well as reactions to the class process.
- Analysis and discussion of two films, to be viewed outside the class.
- A final paper, specifics to be discussed and determined during the class.

Texts

- Blos, P. (1979). *The adolescent passage*. Madison, CT: International Universities Press.
- Deutsch, H. (1967). *Selected problems of adolescence: Monograph series of Psychoanalytic Study of the Child*, 3. Madison, CT: International Universities Press.
- Freud, A. (1936). *The writings of Anna Freud: The ego & the mechanisms of defense* (Vol. 2). Madison, CT: International Universities Press.
- Freud, S. (1953). Three essays on the theory of sexuality. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 7). London, England: Hogarth Press. (Original work published 1905)
- Spotnitz, H. (1987). *Psychotherapy of pre-oedipal conditions*. Northvale, NJ: Jason Aronson.
- Winnicott, D. W. (1984). *Deprivation and delinquency*. London, England: Tavistock.

To access full text documents from the PEP links, you'll need to first log into your PEP account.

Assigned Readings

Class 1

- Freud, A. (1958). Adolescence. *Psychoanalytic Study of the Child*, 13, 255-278.
<http://www.pep-web.org/document.php?id=psc.013.0255a>
- Freud, S. (1953). The transformations of puberty. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 7, pp. 207-230). London, England: Hogarth Press. (Original work published 1905)
<http://www.pep-web.org/document.php?id=se.007.0000a>

Class 2

- Blos, P. (1979). Preadolescent drive organization. In *The adolescent passage* (pp. 105-116). New York, NY: International Universities Press.
- Blos, P. (1979). The second individuation process of adolescence. In *The adolescent passage* (pp. 141-170). New York, NY: International Universities Press.

Class 3.

- Jacobson, E. (1961). Adolescent moods and the remodeling of psychic structures in adolescence. *The Psychoanalytic Study of the Child*, 16, 164-183.
<http://www.pep-web.org/document.php?id=psc.016.0164a>
- White, J. G. (2001). Adolescent search for the first object. *Modern Psychoanalysis*, 26, 93-97.
<http://www.pep-web.org/document.php?id=mpsa.026.0093a>

Class 4

- Stortelder, F., & Ploegmakers-Burg, M. (2010). Adolescence and the reorganization of infant development: A neuro-psychoanalytic model. *Journal of the American Academy of Psychoanalysis*, 38, 503-531.
<http://www.pep-web.org/document.php?id=jaa.038.0503a>

Class 5

- Greenacre, P. (1975). Differences between male and female adolescent sexual development as seen from longitudinal studies. *Adolescent psychiatry*, 6, 105-120.
- Masters, W., Johnson, V., & Kolodny, R. (1986). Adolescent sexuality. In *On sex and human loving* (pp. 137-157). Boston, MA: Little, Brown.

Class 6

Vanier, A. (2001). Some remarks on adolescence with particular reference to Winnicott and Lacan. *Psychoanalytic Quarterly*, 70, 579-597.

<http://www.pep-web.org/document.php?id=paq.070.0579a>

Winnicott, D. W. (1965). The family and emotional maturity. In *The family and individual development* (pp. 88-94). New York, NY: Tavistock.

Class 7

Film:

Gerwig, G. (Director). (2017). *Lady Bird* [Motion picture]. USA: A24. Available on Kanopy, YouTube rental, Amazon Prime, Amazon Video, Vudu, Google Play.

Blos, P. (1980). Modifications in the traditional psychoanalytic theory of female adolescent development. *Adolescent psychiatry*, 8, 8-24.

Class 8

Film:

Edgerton, J. (Director). (2018). *Boy erased* [Motion picture]. USA: Focus Features.

Blos, P. (1979). The initial stage of male adolescence. In *The adolescent passage* (pp. 117-140). Madison, CT: International Universities Press.

Class 9

Apter, T. (1990). *Altered loves: Mothers and daughters during adolescence*. New York, NY: Ballantine Books. Pages TBA.

Blos, P. (1985). The role of the early father in male adolescent development. In *The course of life* (Vol. IV). (pp. 1-16). Madison, CT: International Universities Press.

Class 10

de Kernier, N. (2013). Killing the dead: Evolution of melancholic identifications underlying suicide attempt in adolescence. *Journal of child psychotherapy*, 39, 206-227.

<http://www.pep-web.org/document.php?id=jcptx.039.0206a>

Class 11

Tyminski, R. (2012). Lost for words: Difficulty expressing feelings in work with three adolescent boys. *Journal of Child Psychotherapy*, 38, 32-38.

<http://www.pep-web.org/document.php?id=jcptx.038.0032a>

Class 12

Stambler, M. (2017). 100 years of adolescence and its prehistory from cave to computer. *Psychoanalytic Study of the Child*, 70, 22-39.

Additional Recommended Readings:

- Aichhorn, A. (1948). *Wayward youth*. New York, NY: Viking Press.
- Apter, T. (2001). *The myth of maturity*. New York, NY: W.W. Norton.
- Deutsch, H. (1967). *Selected problems of adolescence: Monograph series of Psychoanalytic Study of the Child*, 3. New York, NY: International Universities Press.
- Erikson, E. (1968). The life cycle: Epigenesis of identity. In *Identity, youth, and crisis* (pp. 91-141). New York, NY: W.W. Norton.
- Feinstein, S. C., & Giovacchini, P. (Eds.). (1975). *Adolescent psychiatry*. New York, NY: Jason Aronson.
- Freud, A. (1965). *The writings of Anna Freud* (Vol. VI). New York, NY: International Universities Press.
- Freud, S. (1961). The ego and the id. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol.19). London, England: Hogarth Press. (Original work published 1923)
- Kiell, N. (1964). *The universal experience of adolescence*. New York, NY: International Universities Press.