

Syllabus
PT 144 Adolescence
M. Buenzle Fall 2017

Mon. 5:30-7:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course will provide an opportunity for students to:

- explore the meaning of mood swings and ambivalence; action and inaction, impulse control or lack of it, identity problems, shifting image, experimentation, rebelliousness and submissiveness and emptiness, preoccupation with physical and emotional health, desire for independence and dependency needs, archaic fears and infantile anxieties, projective needs and defenses, feelings of inadequacy, hero worship and the desire to achieve;
- recognize normal and pathological behavior at this age, if possible, and answer the questions about why these years are so chaotic and how the chaos may be resolved;
- have a broad understanding of adolescence drawn from the literature of those theorists who have contributed to current theory about adolescence and its meaning in the life cycle; and
- observe, study and record adolescents and demonstrate a theoretical understanding of their issues, conflicts, and mental and physical states.

Objectives

The student will be able to:

- describe adolescent maturation and its role in the development of the individual's body and mind;
- explain adolescent drives, issues, conflicts and possible resolutions: the inner life and its outer manifestations including sexual/friendship choices and work choices;
- discuss the second reworking of the first years of life within the framework of adolescence, a greater biological maturity; and
- recognize adolescent variation in pathological disturbance and distinguish normative developmental behavior from those disturbances.

Methods of Evaluation

This class will explore the objectives of the course in class discussion of readings, and analysis of contemporary descriptions of adolescence as seen in film, TV and the media coverage of adolescent behavior. Students will be expected to submit a weekly log via email and produce a final project that demonstrates an understanding of adolescent development, integrating the compiled observational data with subject matter of the readings and class process. Logs should include comments on the literature and the class process. Films will be viewed outside of class for discussion. Films will be selected from the list at the end of the syllabus. A final project will be required.

Texts

- Blos, P. (1979). *The adolescent passage*. Madison, CT: International Universities Press.
- Deutsch, H. (1967). *Selected problems of adolescence: Monograph series of Psychoanalytic Study of the Child*, 3. Madison, CT: International Universities Press.
- Freud, A. (1936). *The writings of Anna Freud: The ego & the mechanisms of defense* (Vol. 2). Madison, CT: International Universities Press.
- Freud, S. (1953). Three essays on the theory of sexuality. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 7). London, England: Hogarth Press. (Original work published 1905)
- Spotnitz, H. (1987). *Psychotherapy of pre-oedipal conditions*. Northvale, NJ: Jason Aronson.
- Winnicott, D. W. (1984). *Deprivation and delinquency*. London, England: Tavistock.

Assigned Readings

Class 1

- Freud, A. (1958). Adolescence. *Psychoanalytic Study of the Child*, 13, 255-278. (PEP)
- Freud, S. (1953). The transformations of puberty. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 7, pp. 207-230). London, England: Hogarth Press. (Original work published 1905) (PEP)

Class 2

- Blos, P. (1979). Preadolescent drive organization. In *The adolescent passage* (pp. 105-116). New York, NY: International Universities Press.
- Blos, P. (1979). The second individuation process of adolescence. In *The adolescent passage* (pp. 141-170). New York, NY: International Universities Press.

Class 3.

- Jacobson, E. (1961). Adolescent moods and the remodeling of psychic structures in adolescence. *The Psychoanalytic Study of the Child*, 16, 164-183. (PEP)
- White, J. G. (2001). Adolescent search for the first object. *Modern Psychoanalysis*, 26, 93-97. (PEP)

Class 4

- Greenacre, P. (1975). Differences between male and female adolescent sexual development as seen from longitudinal studies. *Adolescent psychiatry: Developmental and clinical studies* (Vol. 6). (pp. 105-120). Northvale, NJ: Jason Aronson.

Class 5

- Blos, P. (1979). The initial stage of male adolescence. In *The adolescent passage* (pp. 117-140). Madison, CT: International Universities Press.
- Blos, P. (1985). The role of the early father in male adolescent development. In *The course of life* (Vol. IV). (pp. 1-16). Madison, CT: International Universities Press.
- Isay, R. A. (1989). Adolescence and young adulthood of gay men. In *Being homosexual: Gay men and their development* (pp. 47-66). Northvale, NJ: Jason Aronson.

Class 6

- Masters, W., Johnson, V., & Kolodny, R. (1986). Adolescent sexuality. In *On sex and human loving* (pp. 137-157). Boston, MA: Little, Brown.
- Vanier, A. (2001). Some remarks on adolescence with particular reference to Winnicott and Lacan. *Psychoanalytic Quarterly*, 70, 579-597. (PEP)

Class 7

- Eissler, K. R. (1958). Notes on problems of technique in the psychoanalytic treatment of adolescents. *Psychoanalytic Study of the Child*, 13, 223-254. (PEP)
- Rosenthal, L. (1971). Some dynamics of resistance and therapeutic management in adolescent group therapy. *Psychoanalytic Review*, 58, 353-366. (PEP)

Class 8

- Spotnitz, H. (1975). Object-oriented approaches to severely disturbed adolescents. In M. Sugar (Ed.), *The adolescent in group and family therapy* (pp. 216-230). New York, NY: Brunner/Mazel.
- Stortelder, F., & Ploegmakers-Burg, M. (2010). Adolescence and the reorganization of infant development: A neuro-psychoanalytic model. *Journal of the American Academy of Psychoanalysis*, 38, 503-531. (PEP)

Class 9

- Black, M., & Rosenthal, L. (2005). Modifications in therapeutic technique in the group treatment of delinquent boys. *Modern Psychoanalysis*, 30, 104-119. (PEP)
- Laquercia, T. (1977). An experiment in a high school. *Modern Psychoanalysis*, 2, 103-112. (PEP)
- Winnicott, D. W. (1965). The family and emotional maturity. In *The family and individual development* (pp. 88-94). New York, NY: Tavistock.

Class 10

- Spotnitz, H. (1961). Adolescence and schizophrenia: Problems in differentiation. In S. Lorand & H. I. Scheer (Eds.), *Adolescents; psychoanalytic approach to problems and therapy* (pp. 217-237). New York, NY: Harper & Row.
- Spotnitz, H. (1976). Problems in differentiation. In *Psychotherapy of preoedipal conditions* (pp. 205-222). Northvale, NJ: J. Aronson.

Class 11

- Brady, M. T. (2009). Hot topics: Analytic engagements with adolescents. *Fort Da*, 15, 57-71.
- Brady, M. T. (2011). "Sometimes we are prejudiced against ourselves": Internalized and external homophobia in the treatment of an adolescent boy. *Contemporary Psychoanalysis*, 47, 458-479.
- Winograd, W. (2014). The wish to be a boy: Gender dysphoria and identity confusion in a self-identified transgender adolescent. *Psychoanalytic Social Work*, 21, 55-74.

Class 12

- Blos, P. (1962). When and how does adolescence end? In *The adolescent passage* (pp. 404-420). New York, NY: International Universities Press.
- Sobel, R. (1968). Special problems of late adolescence and the college years. In J. Marmor (Ed.), *Modern psychoanalysis: New directions and perspectives* (pp. 476-491). New York, NY: Basic Books.

Additional Recommended Readings:

- Aichhorn, A. (1948). *Wayward youth*. New York, NY: Viking Press.
- Apter, T. (1990). *Altered loves: Mothers and daughters during adolescence*. New York, NY: Ballantine Books.
- Apter, T. (2001). *The myth of maturity*. New York, NY: W.W. Norton.
- Deutsch, H. (1967). *Selected problems of adolescence: Monograph series of Psychoanalytic Study of the Child*, 3. New York, NY: International Universities Press.
- Erikson, E. (1968). The life cycle: Epigenesis of identity. In *Identity, youth, and crisis* (pp. 91-141). New York, NY: W.W. Norton.
- Feinstein, S. C., & Giovacchini, P. (Eds.). (1975). *Adolescent psychiatry*. New York, NY: Jason Aronson.
- Freud, A. (1965). *The writings of Anna Freud* (Vol. VI). New York, NY: International Universities Press.
- Freud, S. (1961). The ego and the id. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol.19). London, England: Hogarth Press. (Original work published 1923)
- Kiell, N. (1964). *The universal experience of adolescence*. New York, NY: International Universities Press.
- Salinger, J. D. (1951). *The catcher in the rye*. New York, NY: Bantam Books.

Films to be viewed from the following list:

- Rebel without a cause* (1955). Director: Nicholas Ray.
- The 400 blows* (1959). Director: François Truffaut.
- Last summer* (1969). Director: Frank Perry.
- Kids* (1995). Director: Larry Clark.
- Show me love* (1998). Director: Lukas Moodysson.
- Elephant* (2003). Director: Gus Van Sant.
- Half nelson* (2006). Director: Ryan Frank.
- Pariah* (2011). Director: Dee Rees.