

Syllabus
PT 150 Concepts of Group Psychoanalysis
L. Holmes Fall 2015

Thu. 5:30-7:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course follows the evolution of modern group process and reviews basic concepts differentiating modern group process from more classical approaches. Class process will be used as a laboratory to demonstrate modern group technique.

Course Objectives

The student will be able to:

- describe the history of the development of modern group;
- screen and select patients for group therapy and establish the contract;
- use transference and countertransference as therapeutic instruments in group;
- understand how to work with aggression in group;
- resolve resistance with modern group techniques such as bridging and immediacy; and
- understand the importance of immediacy, progressive emotional communication and partial identification as therapeutic concepts in group.

Requirements

Students will be responsible for class logs that reflect an understanding of class process. There will be a final paper – Due Class 12.

Recommended Texts

- Ormont, L. R. (2001). *The technique of group treatment*. L. B. Furgeri (Ed.). Madison, CT: Psychosocial Press.
- Ormont, L. R. (1992). *The group therapy experience: From theory to practice*. New York, NY: St. Martin's.
- Ormont, L. R., & Strean, H. S. (1978). *The practice of conjoint therapy*. New York, NY: Human Science Press.
- Rosenthal, L. (1987). *Resolving resistance in group psychotherapy*. New York, NY: Jason Aronson.
- Slavson, S. R. (1964). *A textbook in analytic group psychotherapy*. New York, NY: International Universities Press.
- Spotnitz, H. (1961). *The couch and the circle*. New York, NY: Knopf.
- Spotnitz, H. (1976). *Psychotherapy of preoedipal conditions*. Northvale, NJ: Jason Aronson.
- Spotnitz, H. (1985). *Modern psychoanalysis of the schizophrenic patient* (2nd ed.). New York, NY: Human Sciences Press.
- Spotnitz, H., & Meadow, P. W. (1976). *Treatment of the narcissistic neuroses*. New York, NY: Manhattan Center for Advancement of Psychoanalytic Studies.
- Yalom, I. D. (1975). *The theory and practice of group psychoanalysis*. New York, NY: Basic Books.

Assigned Readings

Class 1

- Brook, M. (2001). The evolution of the group process: An overview. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 11-19). Madison, CT: Psychosocial Press.
- Furgeri, L. B. (2001). Introduction to the work of Louis R. Ormont. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 3-10). Madison, CT: Psychosocial Press.
- Ormont, L. (1995). A view of the rise of modern group analysis. *Modern Psychoanalysis*, 20, 31-42.

Class 2

- Rosenthal, L. (1987). Selection and screening. In *Resolving resistance in group psychotherapy* (pp. 159-179). New York, NY: Jason Aronson.
- Yalom, I. D. (1995). The selection of patients. In *The theory and practice of group psychoanalysis* (pp. 217-243). New York, NY: Basic Books.

Class 3

- Ormont, L. (2001). The group as agent of change. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 37-46). Madison, CT: Psychosocial Press.
- Ormont, L. (2001). The preparation of patients for group psychoanalysis. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 47-54). Madison, CT: Psychosocial Press.
- Ormont, L. (2001). Establishing the analytic contract in a newly formed therapeutic group. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 55-62). Madison, CT: Psychosocial Press.

Class 4

- Ormont, L. R. (1968). Group resistance and the therapeutic contract. *International Journal of Group Psychotherapy*, 18, 147-154.
- Rosenthal, L. (1976). The resolution of group-destructive resistances in modern group analysis. *Modern Psychoanalysis*, 1, 243-256.
- Spotnitz, H. (1952). A psychoanalytic view of resistance in group. *International Journal of Group Psychotherapy*, 2, 3-9.

Class 5

- Rosenthal, D. (1993). The prognostic intervention in group therapy: A tool to managing group destructive resistances. *Modern Psychoanalysis*, 18, 81-99.
- Spotnitz, H. (1976). Resistance in groups. In *Psychotherapy of preoedipal conditions* (pp. 61-67). Northvale, NJ: Jason Aronson.
- Spotnitz, H. (1987). Resistance of the non-communicating patient in the group. *Modern Psychoanalysis*, 12, 17-23.

Class 6

- Spotnitz, H. (1961). The phantom figure. In *The couch and the circle* (pp. 55-86). New York, NY: Lancer Books.
- Spotnitz, H. (1987). Transference and countertransference in group psychotherapy. *Modern Psychoanalysis*, 12, 25-34.

Class 7

- Ormont, L. (1992). Resolving transferences. In *The group therapy experience* (pp. 178-199). New York, NY: St. Martin's Press.
- Rosenthal, L. (1987). Transference resistance and group analysis. In *Resolving resistance in group psychotherapy* (pp. 91-103). New York, NY: Jason Aronson.

Class 8

Marshall, R. J. (2003). Use of the group therapist's personality via the countertransference. *Group*, 27(2/3), 107-120.

Rosenthal, L. (1987). Countertransference and counterresistance. In *Resolving resistance in group psychotherapy* (pp. 95-201). New York, NY: Jason Aronson.

Class 9

Ormont, L. (1984). The leader's role in dealing with aggression in groups. *International Journal of Group Psychotherapy*, 34, 553-572.

Spotnitz, H. (1976). Dealing with aggression in groups. In *Psychotherapy of preoedipal conditions* (pp. 69-75). Northvale, NJ: Aronson.

Class 10

Ormont, L. (2001). The craft of bridging. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 263-278). Madison, CT: Psychosocial Press.

Ormont, L. (2001). Bridging in group analysis. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 279-298). Madison, CT: Psychosocial Press.

Class 11

Ormont, L. (2001). Bringing life into the group experience. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 355-372). Madison, CT: Psychosocial Press.

Ormont, L. (2001). Progressive emotional communication. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 373-384). Madison, CT: Psychosocial Press.

Class 12

Holmes, L. (2009). The technique of partial identification. *International Journal of Group Psychotherapy*, 59, 253-265.

Ormont, L. (2001). Cultivating the observing ego in the group setting. In L. B. Furgeri (Ed.), *The technique of group treatment* (pp. 321-336). Madison, CT: Psychosocial Press.

Additional Recommended Readings:

- Ackerman, N. (1955). Group psychotherapy with a mixed group of adolescents. *International Journal of Group Psychotherapy*, 5, 249-260.
- Boenheim, C. (1957). Group psychotherapy with adolescents. *International Journal of Group Psychotherapy*, 7, 398-405.
- Deutsch, H. (1967). Selected problems of adolescence with special emphasis on group formation. In *Monograph Series #3, The Psychoanalytic Study of the Child* (pp. 69-92). Madison, CT: International Universities Press.
- Foulkes, S. H. (1957). Group-analytic dynamics with special reference to psychoanalytic concepts. *International Journal of Group Psychotherapy*, 7, 40-52.
- Horner, A. (1975). A characterological contraindication for group psychotherapy. *American Academy of Psychoanalysis*, 3, 301-305.
- Kubie, L. (1958). Some theoretical concepts underlying the relationship between individual and group psychotherapies. Discussion by S. H. Foulkes, M. Grotjahn, Slavson, et al. *International Journal of Group Psychotherapy*, 8, 3-43.
- Mann, J. (1955). Some theoretical concepts of the group process. *International Journal of Group Psychotherapy*, 5, 235-241.
- Ormont, L. (1974). The treatment of pre-oedipal resistances in the group setting. *Psychoanalytic Review*, 58, 429-441.
- Rosenthal, L. (1963). A study of resistance in a member of a therapeutic group. *International Journal of Group Psychotherapy*, 13, 315-326.
- Rosenthal, L. (1971). Some dynamics of resistance and therapeutic management in adolescent group therapy. *Psychoanalytic Review*, 58, 354-366.
- Rosenthal, L. (1985). A modern analytic approach to group resistance. *Modern Psychoanalysis*, 10, 165-182.
- Rosenthal, L. (1991). The therapeutic effect of the group as preoedipal mother. *Modern Psychoanalysis*, 16, 141-149.
- Rosenthal, L. (1987). *Resolving resistance in group psychotherapy*. Northvale, NJ: Aronson.
- Slavson, S. R. (1957). Are there group dynamics in therapy groups? In *Dynamics of group psychotherapy* (pp. 287-312). Northvale, NJ: Aronson.
- Slavson, S. R. (1969). Anatomy and clinical applications of group interaction. In *Dynamics of group psychotherapy* (pp. 249-261). Northvale, NJ: Aronson.
- Spotnitz, H. (1961). *The couch and the circle*. New York, NY: Knopf.
- Spotnitz, H. (1968). Psychoanalytic therapy of aggression in groups. *Current Psychiatric Therapies*, 13, 149-155.
- Spotnitz, H. (1977). Group cohesion and cerebral synchronization. In L. Wolberg and M. L. Aronson (Eds.), *Group therapy 1977: An overview* (pp. 94-102). New York, NY: Stratton Intercontinental Medical Books.
- Spotnitz, H. (1987). The application of group psychotherapy in the treatment of the psychoneurotic syndromes. *Modern Psychoanalysis*, 12, 5-16.
- Spotnitz, H. (1987). Transference and countertransference in group psychotherapy. *Modern Psychoanalysis*, 12, 25-34.
- Spotnitz, H., & Meadow, P. W. (1976). Special resistances in group analysis. In *Treatment of the narcissistic neuroses* (pp. 218-233). New York, NY: Manhattan Center for Advanced Psychoanalytic Studies.
- Welber, D. (1991). Growth and training of a modern group analyst. *Modern Psychoanalysis*, 16, 183-193.