



CMPS

Center for Modern Psychoanalytic Studies

June Workshop

Cutting Through the Chaos: Understanding Couples Treatment via a Developmental Lens While Utilizing Modern Psychoanalytic Techniques

This workshop will introduce the developmental stages of a couple from the standpoint of attachment theory, illustrated with brief clinical vignettes, and will present some of the methods used to assess where the couple may be fixated. The focus will then shift to an exploration of how this knowledge may be used to formulate interventions designed to assist the partners in their growth as individuals while enhancing their ability for intimacy as a couple. Techniques such as joining, mirroring, and reflection will be described, and their use will be demonstrated throughout the workshop.

■ **Tuesdays, June 21 and 28, 2016 • 7:00–9:00 PM** ■

CMPS, 16 West 10th Street, New York, NY 10011

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Open to clinicians and the public at no charge

4 CE Credits for Social Workers and Psychologists

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Teresa Solomita, LCSW, is a graduate of CMPS and Hunter College School of Social Work. Ms. Solomita is in private practice in NYC and Brooklyn.

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CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe some typical failures in emotional differentiation that many couples encounter; (2) describe the stages of healthy emotional development in couples; (3) describe the particular stages of emotional development that each partner typically experiences within the couple dynamic; and (4) demonstrate the use of modern psychoanalytic techniques to resolve resistances to intimacy.

Psychologists: CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content.

Social Workers: CMPS (SW CPE #0206) has received conditional approval from the New York State Education Department's State Board for Social Work to offer continuing education to licensed social workers, effective 6/15/2015. The Department may subsequently notify the provider that a particular course or courses is/are not acceptable. This conditional approval is in effect until the Department makes a final determination to approve or deny the provider application.