



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning Program: Online Course via Zoom

THIS COURSE IS OPEN TO STUDENTS IN THE GREATER NEW YORK CITY AREA
AS WELL AS THOSE IN MORE DISTANT LOCATIONS

Single-Semester Course:

Psychoanalysis and Identity Formation in Fashion, Part II

This course is an expansion of a talk given at the APsA's Candidates Council and a continuation of the Spring 2026 Distance Learning course Psychoanalysis and Identity Formation in Fashion, Part I. This course will explore identity formation in fashion and style expression through the works of Lemma, Freud, Lacan, Anzieu, and Bick. Students will learn about the formation of identity as it relates to early caregivers, reaction formations, the development of the superego, fetishism, the function of the skin in early object relations, and the skin ego. We will explore how our self-presentation is more than merely self-expression, but is related to what is both literally and figuratively inherited from early caregivers, and how it is enacted in the treatment room and in clinical supervision.

15 CE Credits for Psychoanalysts,
Psychologists, and Social Workers

10 Wednesdays from 6:30 - 8:00 PM (Eastern)

SEPTEMBER 16 – DECEMBER 2, 2026

To Register: cmps.edu/dlsc

For More Information: 212-260-7050 • cmps@cmps.edu

TUITION: \$550

Golzar Selbe Naghshineh, MA, LP, CGP, is on the faculty of CMPS, where she is a training and supervising psychoanalyst, and also a certified group psychotherapist. She has special expertise in reproductive and maternal mental health. She is a graduate of the Center for Modern Psychoanalytic Studies and the Center for Group Studies. She is a doctoral candidate at the Boston Graduate School of Psychoanalysis.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe how Bick's understanding of the function of the skin in early object relations affects identity formation in fashion and body modification, (2) expand on the theory of the skin ego and how Anzieu's conceptualization intersects with Bick's understanding of the skin's function, (3) describe the symbolic impact of the role of the maternal body in cosmetic surgery, (4) explain the symbolic meaning of hair and nails, (5) describe the Lacanian perspective on the role of fashion identity formation in gender expression through drag, (6) explicate fashion norms in relation to butch culture, (7) describe the Lacanian perspective on the ways extreme body modification, such as looksmaxxing, relates to male gender expression that is both masculinized and feminized, (8) explain how extreme body modifications, such as alien aesthetic, can be understood from the perspective of Freud's family romance, (9) describe the role of fetishes in identity formation, and (10) describe, utilizing Lemma's perspective, how aesthetic evolution relates to identity formation.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).