CMPS Group Psychoanalysis Training Program Application

1. Complete application and return to CMPS Admissions Office with the application fee of $50.00.
2. Attach a brief statement describing your professional goals and reasons for seeking training in group analysis at CMPS.
3. Submit documentation of psychoanalytic training to CMPS Admissions Office, 16 W. 10th St., NY NY 10011-8707.
4. Upon receipt of the completed application and requested documents, the registrar will arrange an admission interview.

NAME: (First) (Last) (Middle)
ADDRESS: 
Phone ( ): Cell ( ): e-mail: 
DATE OF BIRTH: 
Undergraduate Degree: Major: Year: 
Graduate Degree: Major: Year: 
Graduate Degree: Major: Year: 
Psychoanalytic training: 
Professional Title: 
Current profession: 

CLINICAL/PROFESSIONAL EXPERIENCE:
Psychotherapy History:

Name of Therapist: 
Approx. Dates of Therapy: 
No. of Sessions: 
Group or Individual: 

Fall training semester begins September 10th, 2012; Spring semester begins January 28th, 2013.

I REQUEST ADMISSION FOR THE SPRING / FALL SEMESTER OF (YEAR) __________ (Circle One) 

Date: 
Signature: 

The Center for Modern Psychoanalytic Studies announces the inauguration of its Group Psychoanalysis Training Program.

The group is a powerful agent of personal change...a microcosm of how patients behave in the world.

...Come and learn how to harness the power of the group toward therapeutic change.
GT 1050 Working Through Ongoing Resistances in Group Treatment

Psychoanalysis is founded on the phenomena of transference and resistance. The resolution of resistance is the sine qua non of the analyst’s work. This class explores the working through of resistances that emerge after the initial phase of the group. Techniques are demonstrated, and the rationale for their use is explained.

GT 1060 Working in Group with Dreams and Symbolic Communications

Dreams are, as Freud wrote, the royal road to the unconscious. This course examines the meaning and symbolic communication of dreams and how these relate to the group. Students distinguish between primary and secondary thinking, unconscious and preconscious processes, and manifest and latent content. In addition, students explore interventions intended to help group members put fantasies and nonverbal communications into words.

GT 1070 Special Issues in Group Treatment

All groups are unique, yet there are issues and psychodynamics specific to various populations. This course looks at how the group process is influenced when organized around a particular attribute as in groups of couples, adolescents, and survivors of catastrophic events.

G r o u p psychoanalysis is a powerful tool in the education and treatment of people who seek the understanding and skills necessary for success in a complex world. Combined with individual treatment, it makes for an effective treatment protocol to address character and interpersonal issues.

The CMPS Group Psychoanalysis Training Program is open to psychoanalytic practitioners and students in psychoanalytic training. The course of study is designed to enable graduates to understand small group dynamics, to develop the therapeutic skills needed to conduct group treatment, and to form and lead psychoanalytic groups. Students explore both theory and their intra-psychic and interpersonal experience in order to decipher emotional patterns among group members and foster constructive interchanges. Learning to know what one is feeling in the moment, why one is feeling that way, and what to say about it so that it can be put to therapeutic advantage is a key component in this process. In addition, developing as a group analyst enhances the practitioner’s skill in working with individual patients.

Students may first take courses in the Group Training Program and later elect to fulfill the group participation, group leadership, and supervision requirements of the program. Those completing the entire program receive a Certificate in the Practice of Group Psychoanalysis from CMPS and have satisfied the requirements to apply for the American Group Psychotherapy Association (AGPA) Certified Group Psychotherapist (CGP) credential.

Curriculum Requirements:

- Completion of 7 required courses
- 100 sessions personal of group analysis
- Leading or co-leading a group 200 sessions
- Successful completion of 80 hours of supervision
- Demonstration of professional competence through a final presentation of a group process

GT 1010 Introduction to Modern Analytic Group Treatment

This course examines key issues in the formation and maintenance of an analytic group. The selection of members, the organization of the treatment setting, and the delineation of the contract are discussed. Special attention is given to the recognition and identification of resistant patterns of behavior that emerge in the opening phase of treatment and to the therapeutic use of the analyst’s self as these resistances are engaged. Students also learn how to use the group process to resolve treatment-destructive phenomena.

GT 1020 Working with Transference in Group Treatment

This course examines the development, cultivation, and constructive use of projective relationships in the group. Students identify both resistance to transference and transference per se and come to see how they are used as resistance to progress. The structural aspects of resistance (ego, superego, and id) and its secondary gain are identified and explored. Techniques for resolving transference resistances are demonstrated.

GT 1030 Working with Early Resistances in Group Treatment

This course investigates the use of the contract as a measure of resistance to cooperation. Students also explore the dynamics of defense mechanisms such as displacement, denial, projection, reaction formation, repression, and isolation and identify their role in the group process. In addition, students learn how individual pathology and sub group phenomena operate as resistances. Techniques for managing resistance such as joining, mirroring, confronting, interpreting, and working through are demonstrated.

GT 1040 Countertransference and Therapeutic Functioning

The cornerstone of modern analytic technique is the use of emotional communication. The class focuses on the recognition and therapeutic use of induced feelings. Students are helped to distinguish between subjective, objective, and narcissistic countertransference and to formulate therapeutic interventions. This is demonstrated and discussed. Techniques for resolving subjective countertransference reactions using the group process are also explored.