

CMPS Group Psychoanalysis Training Program Application

1. Complete application and return to CMPS Admissions Office with the application fee of \$50.00.
2. Attach a brief statement describing your professional goals and reasons for seeking training in group analysis at CMPS.
3. Submit documentation of psychoanalytic training to: CMPS Admissions Office, 16 W. 10th St., NY NY 10011-8707
4. Upon receipt of the completed application and requested documents, the registrar will arrange an admission interview.

NAME _____
FIRST LAST MIDDLE

ADDRESS _____

Phone () _____ Cell () _____ e-mail: _____

DATE OF BIRTH _____

Undergraduate Degree _____ Major _____ Year _____

Graduate Degree _____ Major _____ Year _____

Graduate Degree _____ Major _____ Year _____

Psychoanalytic training _____

Professional Title: _____

Current profession: _____

CLINICAL/PROFESSIONAL EXPERIENCE:

Psychotherapy History

Name of Therapist	Approx. Dates of Therapy	No. of Sessions	Group or Individual
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

■ Fall training semester begins September 10th, 2012; Spring semester begins January 28th 2013 ■

I REQUEST ADMISSION FOR THE SPRING / FALL SEMESTER OF (YEAR) _____. (Circle One)

Date _____ Signature _____

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The Center for Modern Psychoanalytic Studies' (CMPS) Certificate Program in Psychoanalysis, one of the premier psychoanalytic programs in the country, offers students comprehensive training in the theory and practice of psychoanalysis. CMPS holds an absolute charter from the State of New York and is recognized by the State of New York as a licensure-qualifying institute for those seeking licensure in psychoanalysis. For information on all cmpps programs contact CMPS:

■ tel: 212.260.7050 ■ fax: 212.228.6410 ■ cmpps@cmpps.edu ■ www.cmpps.edu

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 CENTER FOR MODERN PSYCHOANALYTIC STUDIES
 Sixteen West Tenth Street, New York NY 10011-8707
 212.260.7050 ■ cmpps@cmpps.edu ■ www.cmpps.edu

CMPS announces
 the inauguration of its
**Group
 Psychoanalysis
 Training Program**

...

*Open to Psychoanalytic
 Practitioners and
 Students in
 Psychoanalytic Training.*



The Center for Modern Psychoanalytic Studies
 Announces the Inauguration of its

Group Psychoanalysis Training Program



*The group is a powerful agent
 of personal change
 ...a microcosm of how
 patients behave in the world.*

...

*Come and learn how
 to harness the
 power of the group
 toward therapeutic change*

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The Center for Modern Psychoanalytic Studies

Group Psychoanalysis Training Program

Group psychoanalysis is a powerful tool in the education and treatment of people who seek the understanding and skills necessary for success in a complex world. Combined with individual treatment, it makes for an effective treatment protocol to address character and interpersonal issues.

The CMPS Group Psychoanalysis Training Program is open to psychoanalytic practitioners and students in psychoanalytic training. The course of study is designed to enable graduates to understand small group dynamics, to develop the therapeutic skills needed to conduct group treatment, and to form and lead psychoanalytic groups. Students explore both theory and their intra-psychic and interpersonal experience in order to decipher emotional patterns among group members and foster constructive interchanges. Learning to know what one is feeling in the moment, why one is feeling that way, and what to say about it so that it can be put to therapeutic advantage is a key component in this process. In addition, developing as a group analyst enhances the practitioner's skill in working with individual patients.

Students may first take courses in the Group Training Program and later elect to fulfill the group participation, group leadership, and supervision requirements of the program. Those completing the entire program receive a Certificate in the Practice of Group Psychoanalysis from CMPS and have satisfied the requirements to apply for the American Group Psychotherapy Association (AGPA) Certified Group Psychotherapist (CGP) credential.

Curriculum Requirements

- Completion of 7 required courses ■ 100 sessions personal of group analysis
 - Leading or co-leading a group 200 sessions ■ Successful completion of 80 hours of supervision ■ Demonstration of professional competence through a final presentation of a group process

CMPS Group Psychoanalysis Training Program

Course Descriptions

GT 1010 Introduction to Modern Analytic Group Treatment

This course examines key issues in the formation and maintenance of an analytic group. The selection of members, the organization of the treatment setting, and the delineation of the contract are discussed. Special attention is given to the recognition and identification of resistant patterns of behavior that emerge in the opening phase of treatment and to the therapeutic use of the analyst's self as these resistances are engaged. Students also learn how to use the group process to resolve treatment-destructive phenomena.

GT 1020 Working with Transference in Group Treatment

This course examines the development, cultivation, and constructive use of projective relationships in the group. Students identify both resistance to transference and transference *per se* and come to see how they are used as resistance to progress. The structural aspects of resistance (ego, superego, and id) and its secondary gain are identified and explored. Techniques for resolving transference resistances are demonstrated.

GT 1030 Working with Early Resistances in Group Treatment

This course investigates the use of the contract as a measure of resistance to cooperation. Students also explore the dynamics of defense mechanisms such as displacement, denial, projection, reaction formation, repression, and isolation and identify their role in the group process. In addition, students learn how individual pathology and sub group phenomena operate as resistances. Techniques for managing resistance such as joining, mirroring, confronting, interpreting, and working through are demonstrated.

GT 1040 Countertransference and Therapeutic Functioning

The cornerstone of modern analytic technique is the use of emotional communication. The class focuses on the recognition and therapeutic use of induced feelings. Students are helped to distinguish between subjective, objective, and narcissistic countertransference and to formulate therapeutic interventions. This is demonstrated and discussed. Techniques for resolving subjective countertransference reactions using the group process are also explored.

GT 1050 Working Through Ongoing Resistances in Group Treatment
Psychoanalysis is founded on the phenomena of transference and resistance. The resolution of resistance is the *sin qua non* of the analyst's work. This class explores the working through of resistances that emerge after the initial phase of the group. Techniques are demonstrated, and the rationale for their use is explained.

GT 1060 Working in Group with Dreams and Symbolic Communications
Dreams are, as Freud wrote, the royal road to the unconscious. This course examines the meaning and symbolic communication of dreams and how these relate to the group. Students distinguish between primary and secondary thinking, unconscious and preconscious processes, and manifest and latent content. In addition, students explore interventions intended to help group members put fantasies and nonverbal communications into words.

GT 1070 Special Issues in Group Treatment

All groups are unique, yet there are issues and psychodynamics specific to various populations. This course looks at how the group process is influenced when organized around a particular attribute as in groups of couples, adolescents, and survivors of catastrophic events.

■ _____ ■
Fees for the CMPS Group Psychoanalysis Training Program:
Application, \$50; one course \$750; two courses \$1,000.

Director, Group Psychoanalysis Training Program:
Elliot Zeisel, PhD, Fellow AGPA, FAGPA, CGP; Vice Chair,
Group Foundation for Advancing Mental Health of the AGPA

For information contact:

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