



# CMPS

Center for Modern Psychoanalytic Studies

*Extension Division Workshop*

## D.W. Winnicott and the Middle School of British Psychoanalysis

Donald Winnicott was one of the most original thinkers in the history of psychoanalysis. His conceptualizations—of transitional objects and the false self, for example—are now embedded within psychoanalytic discourse. His clinical intuitions—about object usage and fear of breakdown—continue to inspire our work, and his writing retains its stunning freshness. Many a well-treated and formerly very troubled patient owes a great deal to Winnicott’s optimistic, intrepid, and groundbreaking clinical leadership.

This workshop, which will include many clinical questions and vignettes, will cover a number of topics, including:

- The historical and theoretical context of Winnicott’s ideas, especially as they, like attachment theory itself, emerged from the trauma of war.
- Winnicott’s key theoretical and clinical concepts, and the way they position him in the “middle” of ego psychology and object relations.
- The work of important Middle School analysts and how Winnicott’s ideas manifest themselves in the consulting room.
- A “deep dive” into therapeutic progression within selected clinical material. The way we listen to our patients and formulate their problems in the areas of sex and gender depend on the guiding theories of the therapist.

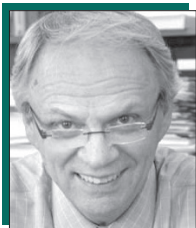
4 CE Credits for Licensed Psychoanalysts, Social Workers, and Psychologists

■ SATURDAY, APRIL 21, 2018 · 9:00 AM - 1:00 PM ■

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PRACTITIONERS AND GENERAL PUBLIC: \$120 | STUDENTS: \$60



**M. Gerard Fromm, PhD**, is a Distinguished Faculty member of the Erikson Institute of the Austen Riggs Center, Assistant Clinical Professor at the Yale Child Study Center, and President of the International Dialogue Initiative, an interdisciplinary group that studies the psychodynamics of societal conflict. He has taught at a number of psychoanalytic institutes and currently maintains a practice of psychoanalytically informed organizational consultation.

### CONTINUING EDUCATION INFORMATION

**LEARNING OBJECTIVES:** Participants will be able to (1) describe the historical context for Winnicott’s theory, especially as it relates to traumatic separation; (2) identify Winnicott’s key theoretical and clinical concepts; (3) describe Winnicott’s key concepts as they relate to both ego psychology and object relations theories; and (4) describe and analyze technical implications and dilemmas of Winnicott’s clinical approach.

**Licensed Psychoanalysts:** The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

**Psychologists:** The Center for Modern Psychoanalytic Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Modern Psychoanalytic Studies maintains responsibility for this program and its content.

**Social Workers:** The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).