



# CMPS

Center for Modern Psychoanalytic Studies

*Extension Division Seminar for Clinicians*

## Countertransference

**T**he evolution in our understanding of the effects of countertransference on therapeutic work has been substantial, from the early belief that it was an interference to the more current view that it is a valuable treatment tool. Melanie Klein's introduction of the concept of projective identification was a crucial turning point in this change and Racker and Spohnitz clarified the difference between countertransference and countertransference resistance. The arousal of countertransference is particularly intense when working with narcissistic patients, and it requires analysts to confront and work through the narcissism in their own personalities.

We will discuss case material, from both the psychoanalytic literature and our practices, to elucidate countertransference-based clinical interventions that either promote or impede progressive communication and the resolution of resistances. The role of projective identification in this process will be emphasized.

**2 CE Credits for Social Workers and Psychologists**

**■ Friday, October 16, 2015 • 7:30–9:30 PM ■**

**CMPS, 16 West 10th Street, New York, NY 10011**

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Open to clinicians and the public at no charge ■ Followed by a social gathering

### **FAYE NEWSOME, MA, LP**

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### **CONTINUING EDUCATION INFORMATION**

**LEARNING OBJECTIVES:** Participants will be able to (1) describe objective and subjective countertransference and projective identification and their roles in formulating therapeutic interventions; (2) identify objective and subjective countertransference and projective identification in case material; and (3) utilize their understanding of countertransference and projective identification to formulate therapeutic interventions to resolve resistances to progressive communication.

**Psychologists:** CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content. **Social Workers:** CMPS (SW CPE #0206) has received conditional approval from the New York State Education Department's State Board for Social Work to offer continuing education to licensed social workers, effective 6/15/2015. The Department may subsequently notify the provider that a particular course or courses is/are not acceptable. This conditional approval is in effect until the Department makes a final determination to approve or deny the provider application.