

How to Shame Candidates

This talk examines how shame is inculcated in analytic training. Two fundamental sources of shame are discussed: (1) feelings of cowardice, exposure, and inadequacy that can result from training procedures, and (2) feelings of fraudulence that can follow from gaps in preparation for an analytic career. Dr. Buechler will suggest changes in analytic education to address these issues.

■ Friday, May 6, 2016 · 7:30–9:30 PM ■

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Open to clinicians and the public at no charge **I** Followed by a social gathering

2 CE Credits for Social Workers and Psychologists



Sandra Buechler, PhD

Dr. Buechler is on the faculty of the William Alanson White Institute, where she is also a training and supervising analyst. Her book *Still Practicing: The Heartaches and Joys of a Clinical Career* (Routledge, 2012) examines shame, sorrow, and resilience during training and at subsequent stages of a clinical career.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) list some sources of shame in analytic training, and (2) describe ways to promote candidates' feelings of competence.

Psychologists: CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content.

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