



CMPS

Center for Modern Psychoanalytic Studies

Extension Division Presentation

Into the Mind of the Psychoanalyst: When the Personal Becomes Professional

In this workshop, Steven Kuchuck explores the impact of the therapist's life experience and psychological make-up on the treatment. By expanding psychoanalytic study to include an examination of events in the clinician's childhood and adult life as well as related psychodynamic issues, Dr. Kuchuck focuses on ways in which these experiences, crises, and dynamics affect both clinical choices and the tenor of the therapist's presence in the consulting room. Related, he looks at the relationship between the clinician's subjectivity, theoretical interests, and technique, and explores areas of overlap and differentiation between two phenomena that are often confused; the larger issue of the therapist's subjectivity, and self-disclosure.

When subjectivity becomes bracketed or dissociated, access to countertransference and insight into how the therapist affects the patient becomes limited; therapeutic data may be missed. Dr. Kuchuck therefore addresses various ways of tracking and using subjectivity in order to further the therapeutic action. He also considers the impact on the treatment of the analyst's temperament, conflicts around being seen or hidden, and struggles with self-care.

2 CE Credits for Licensed Psychoanalysts and Social Workers

■ **FRIDAY, MAY 10, 2019 • 7:30 - 9:30 PM** ■

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PRACTITIONERS AND GENERAL PUBLIC: \$40 | STUDENTS: \$10



Steven Kuchuck, DSW, LCSW, is Editor-in-Chief of the journal *Psychoanalytic Perspectives*; Co-Editor of the Routledge Relational Perspectives Book Series; President of the International Association for Relational Psychoanalysis and Psychotherapy (IARPP); board member, supervisor, and instructor at the National Institute for the Psychotherapies (NIP); and instructor and supervisor at the NIP National Training Program, the Stephen Mitchell Relational Study Center, the Institute for Relational Psychoanalysis of Philadelphia, and other institutes. Dr. Kuchuck lectures nationally and internationally; his teaching and writing focus primarily on the clinical impact of the therapist's subjectivity. In 2015 and 2016, he won the Gradiva Award for best psychoanalytic book: *Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional* and *The Legacy of Sandor Ferenczi: From Ghost to Ancestor* (co-edited with Adrienne Harris). He maintains a clinical and supervisory practice in Manhattan and also offers individual and group consultation online.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) identify at least two ways in which their life experience affected a theoretical choice or clinical intervention that they made, (2) list two or three reasons why it is important to track their subjective responses to patients, and (3) provide at least one example of how identifying an aspect of their subjectivity impacted a clinical choice in a way that led to a therapeutic gain.

Licensed Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0206.