



CMPS

Center for Modern Psychoanalytic Studies

Online Presentation (via Zoom)

Shame and the Erotic Mind: A Psychoanalytic Lens on Sexuality, Desire, and the Therapeutic Relationship

This workshop explores the complex role of shame in erotic life and the therapeutic process. Drawing from her book, *Psychoanalytic Sex Therapy: Exploring the Unconscious Life of Sexuality* (Routledge, 2026), Juliane Maxwald integrates psychoanalytic, relational, and somatic frameworks to illuminate how sexual symptoms often conceal unspoken shame, attachment longing, and the fear of exposure. Through clinical vignettes, theory, and discussion, participants will learn to listen to sexuality as a form of unconscious communication—and to use the analytic relationship to achieve repair, embodiment, and recognition.

2 CE Credits for Psychoanalysts,
Psychologists, and Social Workers

SATURDAY, MAY 9, 2026 • 10:00 AM – 12:00 PM (Eastern)

To Register: cmps.edu/events

For More Information: 212-260-7050 • cmps@cmps.edu

PRACTITIONERS AND GENERAL PUBLIC: \$50

STUDENTS: Free



Juliane Maxwald, MA, LP, CST, is a psychoanalyst and certified sex therapist in New York specializing in sexuality, trauma, and relational dynamics. She teaches and supervises nationally in psychoanalytic and sex-therapy settings and is the author of *Psychoanalytic Sex Therapy: Exploring the Unconscious Life of Sexuality* (Routledge, 2026).

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe the role of shame as both a defense and a signal in sexual and relational dynamics, (2) explain how erotic conflict can reflect attachment wounds and unconscious repetition, (3) apply psychoanalytic and relational frameworks (Benjamin, Mitchell, Morin, lasenza) to help clients mentalize and transform shame, (4) describe how the therapist's countertransference—including somatic responses—can be used as a tool for deepened understanding, and (5) integrate practical interventions for fostering safety and curiosity around sexual material in therapy.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).