



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning Program: Online Course via Zoom

THIS COURSE IS OPEN ONLY TO STUDENTS OUTSIDE THE GREATER NEW YORK CITY AREA

Two-Year Program in Modern Psychoanalysis: Countertransference

This course examines the concept of countertransference, beginning with Freud's view of it as a hindrance to treatment and later becoming a primary tool for understanding the patient and effectuating change. Special emphasis will be given to how analysts use their countertransference experience to comprehend patients' verbal, symbolic, and nonverbal communications and formulate clinical interventions. Particular attention will be paid to the use of countertransference in relation to patients' more primitive mental states, especially the hateful and aggressive spectrum of feelings.

15 CE Credits for Psychoanalysts, Psychologists, and Social Workers

10 WEDNESDAYS | SEPTEMBER 16 – NOVEMBER 18, 2026
1:30 - 3:00 PM (Eastern)

To Register: cmeps.edu/events

For More Information: 212-260-7050 • cmeps@cmeps.edu

TUITION: \$550

David Rothauser, MA, MS, LP, NCPsya, is a certified and licensed psychoanalyst, organizational consultant, executive coach, educator, and supervisor. He works with individuals and groups in his private psychoanalytic practice, and has coached and consulted in a variety of organizational settings and sectors. David is a graduate of the Center for Modern Psychoanalytic Studies and the Center for Group Studies.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe Freud's view of countertransference as a hindrance to treatment, (2) distinguish between subjective (personal) and objective (induced) countertransference, (3) describe how objective (induced) narcissistic countertransference can be used to understand the regressed patient, (4) explain how countertransference can function as both a source of resistance and a tool for therapeutic understanding when recognized and examined, (5) describe how people can put their feelings into another person (projective identification), (6) explain the importance of holding and thinking about strong feelings (such as hate) as a way to understand the patient before responding in treatment, (7) describe how the therapist's feelings can be used as a guide to formulate therapeutic interventions, (8) explain why the analyst's failure to incorporate the induced hateful feelings into the treatment of the borderline patient can hinder maturation, (9) explain why the "bad-analyst feeling" should not be taken as evidence of treatment failure, and (10) describe how problems with intimacy affect the patient's ability to relate to the analyst in treatment.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).