

CMPS Zoom Distance Learning Class
Analytic Listening
R. Sacks **Spring 2019**

11:30-1pm EST

Objectives

To provide students with the foundation necessary to understand the meaning of analytic listening. Students should be able to identify symbolic communications, non-verbal means of communicating, how modern analysts work with dreams, and how to promote progressive communication through their ability to listen to the unconscious (their own as well as that of the patient) by the end of the semester.

Requirements

Each week, students are expected to hand in a log about the previous week's class. The log should include thoughts, questions and responses to any aspect of the learning experience, including the readings, class discussion and dynamics or anything else the student wishes to communicate to the teacher. Logs should be 1-2 pages long, typewritten and double-spaced. Please include your name and the date of the class being commented upon.

Class 1 (February 5)

Akhtar, S. (2013). Four kinds of analytic listening. In *Psychoanalytic listening: Methods, limits, and innovations* (pp. 1-24). London, England: Karnac.

Class 2 (February 12)

Freud, S. (1961). Negation. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 19, pp. 235-239). London, England: Hogarth Press. (Original work published 1925)

Jacobs, T. J. (1992). Isakower's ideas of the analytic instrument and contemporary views of analytic listening. *Journal of Clinical Psychoanalysis, 1*, 237-241.

Reik, T. (1948). Conscious and unconscious observation. In *Listening with the third ear* (pp. 131-143). New York, NY: Farrar Strauss.

Class 3 (February 26)

Meadow, P. W. (1999). The clinical practice of modern psychoanalysis: An interview with Hyman Spotnitz. *Modern Psychoanalysis, 24*, 3-19.

Class 4 (March 5)

Laub, L. (2006). Intuitive listening. *Modern Psychoanalysis, 31*, 88-101.

Class 5 (March 12)

Liegner, E. (1999). Listening to the unconscious. *Modern Psychoanalysis, 24*, 53-55.

Marshall, R. (1999). The use of symbols and metaphors in psychoanalysis. *Modern Psychoanalysis, 24*, 45-51.

Rosenthal, L. (1999). The case of Henry. *Modern Psychoanalysis, 24*, 41-43.

Class 6 (March 19)

Margolis, B. D. (1994). The contact function of the ego: Its role in the therapy of the narcissistic patient. *Modern Psychoanalysis, 19*, 199-210.

Class 7 (April 9)

Margolis, B. D. (1986). Joining, mirroring, psychological reflection: Terminology, definitions, theoretical considerations. *Modern Psychoanalysis, 11*, 19-35.

Class 8 (April 16)

Margolis, B. D. (1983). The object-oriented question. *Modern Psychoanalysis, 8*, 35-46.

Class 9 (April 23)

Liegner, E. (1977). The first interview in modern psychoanalysis. *Modern Psychoanalysis, 2*, 55-66.

Meadow, P. (1990). Treatment beginnings. *Modern Psychoanalysis, 15*, 3-10.

Class 10 (April 30)

Meadow, P. (1989). How we aim to be with patients. *Modern Psychoanalysis, 14*, 145-162.

Additional Recommended Readings

- Bernstein, A. (1976). Problems in treating paranoia: A case illustration. *Modern Psychoanalysis*, *1*, 191-200.
- Clevans, E. (1976). The depressive reaction. *Modern Psychoanalysis*, *1*, 139-14.
- Feldman, Y. (1982). *Yonata Feldman, master teacher and supervisor in clinical social work*. Northampton, MA: Smith College School for Social Work.
- Freud, S. (1957). The unconscious. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 14, pp. 159-215). London, England: Hogarth Press. (Original work published 1915)
- Freud, S. (1961). Parapraxes. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 15, pp. 15-79). London, England: Hogarth Press. (Original work published 1916)
- Freud, S. (1961). Dreams. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 15, pp. 83-239). London, England: Hogarth Press. (Original work published 1916)
- Freud, S. (1961). A short account of psychoanalysis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud*. (Vol. 19, pp. 191-209). London, England: Hogarth Press. (Original work published 1924)
- Freud, S. (1961). Negation. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 19, pp. 235-239). London, England: Hogarth Press. (Original work published 1925)
- Freud, S. (1964). An outline of psychoanalysis. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 23, pp. 141-207). London, England: Hogarth Press. (Original work published 1940)
- Rosenfeld, H. (1977-78). A clinical note on the manifest content of dreams. *Modern Psychoanalysis*, *11*, 228-243.
- Spotnitz, H., with Feldman, Y., & Nagelberg, L. (1988). Treatment of a pre-schizophrenic adolescent: Case presentation on the reconstruction of a psychotic ego. *Modern Psychoanalysis*, *13*, 3-206.