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Center for Modern Psychoanalytic Studies · Extension Division

Scientific Paper Presentation

Siblings of Schizophrenics:

I Am My Brother's Keeper

T IS WIDELY recognized that people with schizophrenia often have difficulty tolerating strong emotions such as love and hate, and often induce powerfully negative feelings in others. Countertransferential regression and hostility toward the schizophrenic patient are common among clinicians. How does the schizophrenic person's adult sibling, often with little support, manage these challenges? Dr. Melnik presents the findings of her research on the adult siblings of schizophrenics, discussing their distinctive qualities and examining their intrapsychic experience.

■ Friday, December 12, 2014 • 7:30-9:30 PM ■ CMPS, 16 West 10th Street, New York, NY 10011

This seminar is open to clinicians and the public at no charge and is followed by a social gathering. Information or RSVP: $212.260.7050 \cdot www.cmps.edu \cdot cmps@cmps.edu$

PRESENTER: Charlotte S. Melnik, PsyaD, LP

Dr. Melnik is on the faculty of the Center for Modern Psychoanalytic Studies (CMPS) and the New York Graduate School of Psychoanalysis (NYGSP), where she serves as instructor, training analyst, and supervisor. Dr. Melnik has been treating individuals, families, couples, and groups for over 20 years.



CONTINUING EDUCATION INFORMATION

The Center for Modern Psychoanalytic Studies (CMPS) is approved by the American Psychological Association (APA) to offer continuing education for psychologists. CMPS maintains responsibility for this program and its content. CMPS is also an approved provider of continuing education under the auspices of the Continuing Education Program of the New York State Chapter of the National Association of Social Workers (NASW) **■** Educational Objectives: Participants will be able to 1) describe some common traits of siblings of schizophrenics, 2) describe adaptive and maladaptive behaviors observed in siblings of schizophrenics, and 3) describe how these siblings manifest shame, identification, sadness, and guilt concerning intolerable aggressive impulses toward their schizophrenic siblings. **■** Instructional Level: Introductory-Intermediate **■** Target Audience: psychoanalysts, other mental health professionals, and the public. The presentation offers 2 APA CE credits. For more information on continuing education contact CMPS · 212.260.7050 · cmps@cmps.edu · www.cmps.edu.