The Meaning of Attunement in Countertransference and Psychoanalytic Technique

ALTHOUGH THE CONCEPT OF ATTUNEMENT is frequently used in psychoanalytic discourse, its meaning is often vague and intuitive. These presentations provide a detailed operational definition of the meaning of attunement in the countertransference and in psychoanalytic technique while presenting specific ways of understanding the various dimensions of attunement and misattunement in terms of the concepts of specific feeling, relational mode, and intensity. We will address how these concepts apply to the transfere, the countertransference, and the quality of the analysts communications to the patient. There will also be discussion on how to use these concepts to formulate effective, maturational interventions that are grounded in use of therapeutic emotional communication from the analyst to the patient. Although presentations are self-contained, those who wish to prepare should read chapters 4 and 10 in Dr. Geltner's Emotional Communication: Countertransference Analysis and the Use of Feeling in Psychoanalytic Technique.

TWO FRIDAY EVENINGS

October 4th & 25th, 2013 7:30-9:30PM

CMPS, 16 West Tenth Street, New York City

These seminars are free of charge • Clinicians and the public are welcome.

Information or RSVP: CMPS • 212.260.7050 • cmps@cmps.edu • www.cmps.edu

PRESENTER: PAUL GELTNER, DSW, is a graduate of CMPS who has been teaching psychoanalysis and supervising for 23 years. He has presented frequently and published numerous articles on the subject of these presentations. He is author of the book Emotional Communication: Countertransference Analysis and the Use of Feeling in Psychoanalytic Technique recently out of Routledge.