

# Individualizing Gender and Sexuality

**P**sychoanalytic thinking about gender and sexuality was originally based on the genital difference between male and female. Since, according to Freud, anatomy was destiny, the lines of sexual and gender development were universally predictable, and such concepts as penis envy, the castration complex, and the Oedipus complex were the logical results of this perspective. However, Freud's considerations on the universality of bisexuality, with both heterosexuality and homosexuality seen as involving the tyranny of one object or aim and his expanded views on the complete Oedipus complex in both genders, opened the door to more nuanced perspectives on gender and sexuality.

Nancy J. Chodorow has devoted much of her career to the understanding of gender and sexuality. From the appearance of her pioneering work *The Reproduction of Mothering* in 1978, to her latest book *Individualizing Gender and Sexuality: Theory and Practice*, Dr. Chodorow has examined and expanded analytic theory on this subject. While acknowledging "universalistic developmental theories and theories about the content of unconscious fantasies of self and other," she makes a plea for clinical individuality. There are many masculinities, femininities, and sexualities in Chodorow's model, and restricting our thinking to the sexual difference ignores the multiple components that create gender and sexuality. All such creations, including heterosexuality and homosexuality, are compromise formations constructed from defensive layering and conflict resolution.

DR. CHODOROW OPENS THE DAY with a talk that offers her latest thinking about the clinical individuality of gender and sexuality. A question and answer session follows.\*

THE AFTERNOON FEATURES two case presentations in which the pathways to sexual identity are prominent features. Dr. Chodorow will be the respondent.

CONFERENCE PARTICIPANTS then break into small workshops led by CMPS faculty to further process and discuss the ideas generated by the day's events and the day concludes with a wine and cheese social.

*\*It is suggested that those attending the conference read Dr. Chodorow's book Individualizing Gender and Sexuality: Theory and Practice. Questions and comments for the author may be submitted before the conference to [drlucyholmes@gmail.com](mailto:drlucyholmes@gmail.com).*

**Center for Modern Psychoanalytic Studies Annual Conference**

**Saturday, December 1st, 2012 – 9:00 AM-5:00 PM**

**NYU's Eisner & Lubin Auditorium, 60 Washington Square South, New York City**

# Individualizing Gender and Sexuality

## KEYNOTE ADDRESS



**NANCY J. CHODOROW, PHD**, is a Training and Supervising Analyst at the Boston Psychoanalytic Society and Institute; Geographic Rule Supervising Analyst, Pittsburgh Psychoanalytic Institute; Faculty, San Francisco Center for Psychoanalysis; Lecturer on Psychiatry, Harvard Medical School, at the Cambridge School Alliance; and Professor Emerita of Sociology, University of California, Berkeley. Her books include *Individualizing Gender and Sexuality: Theory and Practice* (2012), *The Power of Feelings: Personal Meaning in Psychoanalysis, Gender, and Culture* (1999), *Femininities, Masculinities, Sexualities: Freud and Beyond* (1994), *Feminism and Psychoanalytic Theory* (1989), and *The Reproduction of Mothering* (1978/1999). Chodorow is author of numerous articles on comparative theory and technique, Loewald and the Loewaldian tradition, sexuality, women, men, and gender. She has won numerous awards and fellowships. Dr. Chodorow is in private practice in Cambridge, MA.

“**Individualizing Gender and Sexuality: Theory and Practice**” invites us to look at sex and gender in the consulting room. For our patients, sexuality and gender are compromise creations — defensive and affectively-shaped and -charged solutions to developmental, identity, and conflictual challenges, formed of bodily feelings and fantasies, an internal object world, gendered ego, reality and drives, and unconscious filterings of culture. Because the clinician joins the sex-gender world before birth, countertransferences enter in: our own feelings, conflicts, and fantasies about sex-gender are likely to be deeply held, often unconscious, and fundamental to our identity.

## Q & A Session Moderators



**Lucy Holmes, PhD, LP**, is on the faculty at CMPS, NYGSP, and the Center for Group Studies. Author of numerous articles on women and groups, Holmes won the 2002 *Gradiva* Award for her paper, “The Object Within: Childbirth as a Developmental Milestone.” Her first book, *The Internal Triangle: New Theories of Female Development*, was published in 2009. Her book,

*Wrestling with Destiny: The Promise of Psychoanalysis*, is scheduled for publication next fall. (Routledge)

**Tracy D. Morgan, LCSW, MPhil, CGP**, is an advanced candidate at CMPS. She is host of the podcast, “New Books in Psychoanalysis,” interviewing authors about their latest publications in the field. Ms. Morgan also maintains a private psychotherapy practice in New York City. Her encounter, at age 19, with Nancy Chodorow’s *The Reproduction of Mothering*, played a major role in formalizing her interest in psychoanalysis.



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CMPS Annual Conference  
Saturday, December 1st, 2012

## P R O G R A M

### MORNING SESSION

- |                |   |
|----------------|---|
| 9:00–9:45 AM   | Registration  |
| 9:45–10:00 AM  | Welcome and introduction of speaker,<br>Lucy Holmes                           |
| 10:00–11:00 AM | Nancy J. Chodorow, keynote speaker:<br>“Individualizing Gender and Sexuality” |
| 11:00–12:00 AM | Question and answer session, co-moderated<br>by Lucy Holmes and Tracy Morgan  |

### AFTERNOON SESSION

- |                |   |
|----------------|---|
| 12:00 –2:00 PM | Lunch Break<br><i>Greenwich Village has many restaurants that cater<br/>to all cuisines and budgets</i> |
| 2:00–2:15 PM   | Introduction of case presentations,<br>Lucy Holmes  |
| 2:15–2:45 PM   | Case presentation, Nicholas Ganoudis  |
| 2:45–3:00 PM   | <i>Response</i> , Nancy Chodorow  |
| 3:00–3:30 PM   | Case presentation, Patrice LaMariana  |
| 3:30–3:45 PM   | <i>Response</i> , Nancy Chodorow  |
| 4:00–5:00 PM   | Workshops (See registration form)   |
| 5:00 PM        | Wine and Cheese Social  |

## Afternoon Case Presentations



Nicholas Ganoudis, LCSW, is an advanced candidate at CMPS. He studied literature and film at Columbia College and received his MSW at Fordham University. He has worked in a variety of institutional settings and currently practices in Queens where he also works as a crisis intervention specialist.

MR. GANOUDIS PRESENTS a case that explores how a woman's conflicts with pleasure are similarly manifested in her personal life, her career, and in the psychoanalytic relationship.

Patrice LaMariana, LP, is a faculty member, supervisor, and training analyst at CMPS and NYGSP and has worked in community mental health for thirty five years. In addition to her private practice, she is a clinical supervisor at the Institute of Human Identity (IHI) and a consultant to CUNY Hunter Brookdale Institute, where she designs curricula relating to mental health issues, addictions, gerontology, and human sexuality.



MS. LAMARIANA PRESENTS the case of a gay man who has engaged in compulsive, anonymous sexual activity for decades, explaining that, "It's easier to have anonymous sex because I don't have to be there." She discusses the stages of treatment that brought her to his nether worlds and brought the dissociated parts of himself into the treatment in a journey towards authenticity. The central question is whether the analyst is experiencing his unconscious adaptation to the homophobia of the pre-oedipal mother, his family, church, and community.

Following each case presentation  
Dr. Nancy J. Chodorow will respond

## REGISTRATION

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Saturday, December 1st, 2012

NYU Eisner & Lubin Auditorium, the Helen and Martin Kimmell  
Center for University Life, 60 Washington Square South  
across from Washington Square Park, NYC

#### ■ ADMISSION ■

\$150 · Students with ID: \$75 · Groups (min. 10): \$125

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Tel: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail \_\_\_\_\_

Affiliation (optional) \_\_\_\_\_

In Training at (Students only) \_\_\_\_\_

#### ■ WORKSHOP SELECTION ■

(indicate # 1-3 in order of preference)

\_\_\_\_ Lynne Laub \_\_\_\_ Lucy Holmes \_\_\_\_ Elliot Zeisel  
\_\_\_\_ Theodore Laquercia \_\_\_\_ Sara Sheftel \_\_\_\_ Richard Sacks  
\_\_\_\_ Eugene Kalin \_\_\_\_ Steven Poser \_\_\_\_ Barbara D'Amato

*Workshops are assigned on a "first-come first served basis" when registration and admission are received. Workshops may not exceed 20 participants. If paying by credit card, selection may be made by phone or fax. Selection may also be made on the day of the Conference subject to availability*

I am enclosing \$ \_\_\_\_\_ for \_\_\_\_\_ Admissions.

Please make checks payable to CMPS and mail registration form to address below. If paying by credit card, registration and payment information may be given by phone or fax.

If paying by credit card indicate:

Master  Visa  AMEX  Discover

Credit card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

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Center for Modern Psychoanalytic Studies  
16 West 10th Street, NY NY 10011 · 212.260.7050  
Fax: 212-228 6410 · cmpps@cmpps.edu · www.cmpps.edu



# Center for Modern Psychoanalytic Studies

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## cmpps

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CMPS holds an absolute charter from the State of New York and is recognized by the State of New York as a licensure-qualifying institute for those seeking licensure in psychoanalysis. Bulletins are available at the Conference or by contacting the Center: 212.260.7050 · cmpps@cmpps.edu · www.cmpps.edu

**Informational Open Houses** are held one Tuesday each month at the Center to introduce prospective candidates to our program. For information or to set up an appointment, contact CMPS: 212.260.7050 · cmpps@cmpps.edu.

**Open House Dates:** 2012: October 16, 1:30pm; November 13, 5:30pm; December 11, 1:30pm. 2013: January 22, 5:30pm; March 19, 1:30pm; April 16, 5:30pm; May 14, 1:30pm; June 11, 5:30pm.

**CMPS Extension Division** offers courses, conferences, workshops, and special events that bring a modern psychoanalytic perspective to a broad range of topics. Open to the lay and professional public.

**CMPS One-Year Program** is designed to enhance the work of professionals in the fields of mental health, education, the arts, humanities, and business, by introducing them to principles of modern psychoanalytic theory & technique.

**The CMPS Research Library** offers a catalogued collection of psychoanalytic books, journals, reprints, and reference publications. Wireless internet is available throughout the school.

*Modern Psychoanalysis*, published by CMPS since 1976, presents modern psychoanalytic ideas and techniques to practitioners and to interested outsiders. *Modern Psychoanalysis* is also available online through Psychoanalytic Electronic Publishing (PEP). For information, call the CMPS office: 212.260.7050.

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The Center for Modern Psychoanalytic Studies (CMPS) is approved by the American Psychological Association (APA) to offer continuing education for psychologists. The Center maintains responsibility for this program and its content. CMPS is also an approved provider of Continuing Education under the auspices of the Continuing Education Program of the NYS Chapter of the National Association of Social Workers (NASW). Conference attendance is awarded 5 continuing education credits. CEC & CEU forms are available at the Conference registration desk and should be turned in at the end of the day. For Information on Continuing Education: 212.260.7050 · cmpps@cmpps.edu