



CMPS

Center for Modern Psychoanalytic Studies

Extension Division ■ Continuing Education

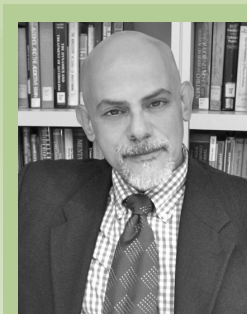
Modern Psychoanalytic Approaches to Understanding and Treating Addictive Disorders

ADDICTIONS ARE UNDERSTOOD by most schools of psychoanalysis to be disorders with roots in early development. Modern Psychoanalysis provides the clinician with a framework for understanding the etiology of psychopathologies arising in the narcissistic period, such as addictive disorders, and an array of tools for treating them. This six-session course will focus on understanding addiction as a form of self-medication, a maladaptive defense for managing unacceptable thoughts and feelings, and will emphasize treatment methods that combine psychoanalytic theory and technique with harm-reduction approaches. Particular attention will be given to recognizing the therapist's countertransference reactions and using them therapeutically. Case studies will be used to illustrate the theoretical material.

■ **Six Thursdays: April 9 to May 14, 2015, 7:00-8:30 PM** ■
CMPS, 16 West 10th Street, New York, NY 10011

Information/Registration: 212.260.7050 · cmps@cmps.edu · www.cmps.edu

Tuition: \$200 · Course offers 9 APA CE credits and .9 CASAC CEUs.



Raúl Plasencia, LCSW is a psychoanalyst with over 20 years' experience in the field of addiction and chemical dependency. He is Clinical Director of Harlem United's Adult Day Health Center, El Faro, and is in independent practice in Hoboken, NJ and New York City.

Juliane Maxwald-Schrey, MA, CASAC is a licensed psychoanalyst who has worked extensively in the field of substance abuse counseling and is in independent practice in New York City.



C O N T I N U I N G E D U C A T I O N I N F O R M A T I O N

CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content. CMPS is certified by New York State OASAS as an Education and Training Provider and is authorized to provide continuing professional education coursework for CASACs. Educational Objectives: Participants will be able to: (1) describe the role played by early narcissistic pathology in the etiology of addictive disorders; (2) describe how substance use maintains the narcissistic defense; (3) describe the treatment-destructive resistances that arise in the treatment of people with addictive disorders; (4) describe techniques for resolving the treatment-destructive resistances of substance users; (5) describe the kinds of countertransference feelings that often arise in the treatment of people with addictive disorders; (6) describe how to use their countertransference reactions to substance users therapeutically; (7) describe Modern Psychoanalytic techniques that are useful in the treatment of addictive disorders; (8) describe the arguments for and against harm-reduction approaches in the treatment of addictive disorders; and (9) describe how harm-reduction approaches can be integrated with Modern Psychoanalytic technique when working with substance abusers. For more information, contact CMPS: cmps@cmps.edu · 212-260-7050 · www.cmps.edu