

Center for Modern Psychoanalytic Studies

■ Open Seminars for Clinicians ■

Friday Evening Seminar

Adolescents in Treatment

Sheila Zaretsky, PhD will discuss and demonstrate how to work with adolescents in group and individual treatments — focusing especially on depression, identity struggles, oppositionalism, violence, and maturity. Discussion and a social gathering will conclude the evening.

Sheila Zaretsky, PhD is an ACAP faculty member and a consultant to schools and therapeutic programs in and around Newark, New Jersey. In her recently published book, “Reaching the Unreachable Child” (2009) Zaretsky addresses the “powerful inner forces that can lead to growth and success or to dysfunction and despair.” Dr. Zaretsky is in private practice in Northern New Jersey.



Sheila Zaretsky, PhD

Friday Night, March 19th

7:30–9:00 PM

■ There is no charge for this event to be held at CMPS ■

RSVP is requested to CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu

Modern Psychoanalysis expands upon the psychoanalytic principles first introduced by Sigmund Freud. By introducing new techniques, modern psychoanalysis allows for the treatment of a broad range of emotional disorders in a variety of settings. It aims to loosen repetitive and rigid patterns of thinking and behavior. This approach has proven valuable to those working in the fields of social work, mental health, education, the law, business, and the arts.

The Center for Modern Psychoanalytic Studies (CMPS) holds an absolute charter from the State of New York to offer a Certificate in Psychoanalysis and is recognized by the State of New York as a licensure-qualifying institute for those seeking licensure in psychoanalysis.