



## Center for Modern Psychoanalytic Studies

16 West 10th Street, New York, NY 10011



Breakfast Seminar



# Modern Approaches to Harm Reduction & Addiction Counseling

**H**arm Reduction is a specific set of strategies to reduce the negative consequences of drug use and improve quality of life, and include safer use, managed use, and abstinence. Clinicians meet clients “where they’re at” to learn their defenses and strengths. Participants are introduced to the principles of harm reduction and their relationship to modern psychoanalytic techniques. Please bring cases for discussion.

*Raul Plasencia, LCSW, is a CMPS Graduate and the Director of Bailey Holt House. Mr. Plasencia is a modern psychoanalyst in private practice in New York City.*

**Friday, March 20th 10am to Noon**

No Charge ■ Complimentary Breakfast ■ RSVP necessary



Participants are invited to stay for a tour and informational Open House following the workshop.

**Modern Psychoanalysis** rests on the theoretical framework and clinical approach of Sigmund Freud and the innovative techniques of Hyman Spotnitz and Phyllis W. Meadow. It aims to loosen repetitive and rigid patterns of thinking and behavior allowing for growth and maturation. This approach has revolutionized the psychoanalytic field and proven valuable to those working in social work, mental health, education, the law, business, and the arts.

**The Center for Modern Psychoanalytic Studies (CMPS)** holds an absolute charter from the State of New York to offer a Certificate in Psychoanalysis and is recognized by the State of New York as a licensure-qualifying institute for those seeking licensure in psychoanalysis.