

Using the Induced Feelings



One of the distinguishing aspects of modern psychoanalytic education is its emphasis on training candidates to use their emotions as the primary tools in crafting patient interventions. Theory and technique are studied, but through the process of classroom discussion they are understood viscerally so the lesson is digested by both heart and mind. A key to understanding the inner life of the patient is to recognize and work with the feelings induced in the analyst. Recognizing these feelings, what we call the countertransference, is not always so simple.

THIS WORKSHOP will explore how to distinguish between the countertransference that gives us information about the patient and countertransference that has more to do with our own issues. Being able to recognize the difference is crucial to becoming a successful therapist. Participants are invited to join this four-week practicum to develop their ability to use the induced feelings in their work with patients, as well as in relationships in their daily lives. Bring case material, and we'll consider it in the light of assigned readings.

Four Wednesdays: June 4, 11, 18, 25 5:30-7:00PM

CMPS. Sixteen West Tenth Street. NYC 10011 Fee: \$160. For information or registration contact: CMPS: 212.260.7050 · cmps@cmps.edu · www.cmps.edu



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