Center for Modern Psychoanalytic Studies || June Workshop

## Using the Induced Feelings

ne of the distinguishing aspects of modern psychoanalytic education is its emphasis on training candidates to use their emotions as the primary tools in crafting patient interventions. Theory and technique are studied, but through the process of classroom discussion they are understood viscerally so the lesson is digested by both heart and mind. A key to understanding the inner life of the patient is to recognize and work with the feelings induced in the analyst. Recognizing these feelings, what we call the countertransference, is not always so simple.

THIS WORKSHOP will explore how to distinguish between the countertransference that gives us information about the patient and countertransference that has more to do with our own issues. Being able to recognize the difference is crucial to becoming a successful therapist. Participants are invited to join this four-week practicum to develop their ability to use the induced feelings in their work with patients, as well as in relationships in their daily lives. Bring case material, and we'll consider it in the light of assigned readings.

## Four Wednesdays: June 4, 11, 18, 25 5:30-7:00PM

CMPS. Sixteen West Tenth Street. NYC 10011 Fee: \$160. For information or registration contact: CMPS: 212.260.7050 · cmps @cmps.edu · www.cmps.edu



## Jennifer Wade, LCSW, LP, CGP

Jennifer Wade is a training analyst, supervisor, and faculty member at CMPS, as well as a Certified Group Psychotherapist. She also serves as a fellow at the CMPS Consultation and Referral Service. Ms Wade has written numerous articles on adoption and art and maintains a private practice in Greenwich Village and Cobble Hill, Brooklyn.

THE CENTER FOR MODERN PSYCHOANALYTIC STUDIES (CMPS) 16 West 10th Street, NYC 10011 is approved by the American Psychological Association (APA) to offer continuing education for psychologists. CMPS maintains responsibility for this program and its content. CMPS is also an approved provider of Continuing Education under the auspices of the Continuing Education Program of the New York State Chapter of the National Association of Social Workers (NASW) **Educational Objectives**: Participants will be able to 1) Identify subjective countertransference; 2) Identify objective countertransference; 3) Formulate interventions based on countertransference and 4) Utilize group process to help resolve countertransference resistance. **Instructional level**: Introductory-Intermediate **Intended Audience**: Clinicians, mental health practitioners, psychoanalysts, psychologists, social workers, those who work in or with groups **B** This seminar offers 6 APA CE and NASW CEU credits for 4 sessions **E** For information on Continuing Education, contact: CMPS: 212.260.7050 · cmps@cmps.edu · www.cmps.edu.