



# CMPS

Center for Modern Psychoanalytic Studies

*Extension Division Workshop*

## To Have and to Hold:

### *Understanding and Treating the Compulsive Hoarder*

This workshop will give an overview of hoarding and the diagnostic categories in which it may be a factor. We will examine the beliefs commonly held by hoarders and will explore the syndrome's underpinnings, including neurological factors and psychodynamics. We will view the video "My Mother's Garden," which provides an in-depth look into the psychic world of a hoarder and her family, and her reactions to their attempts to help her. We will consider the psychic solutions sought in hoarding behavior, and will conclude with brief case presentations of patients in treatment for hoarding. The modern psychoanalytic techniques of joining the resistance, utilizing emotional communication, and analyzing the narcissistic transference will be discussed.

2 CE Credits for Licensed Psychoanalysts, Social Workers, and Psychologists

■ **WEDNESDAY, OCTOBER 25, 2017 · 9:30 - 11:30 AM** ■

**CMPS, 16 West 10th Street, New York, NY 10011**

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PRACTITIONERS AND GENERAL PUBLIC: \$20 | STUDENTS: FREE

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#### CONTINUING EDUCATION INFORMATION

**LEARNING OBJECTIVES:** Participants will be able to (1) identify clinical features of hoarding and recognize coexisting mental illnesses or processing disorders that may be present, and (2) describe the conscious and unconscious beliefs that motivate hoarding behavior.

**Licensed Psychoanalysts:** *The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).*

**Psychologists:** *CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content.*

**Social Workers:** *The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).*