



# A Conversation with Adam Phillips

**T**HE NEW YORK TIMES has called Adam Phillips “one of the most engaging writers in the world on analysis and the analytic movement.” From the publication of his first book, *Winnicott*, in 1988, to his latest, *Unforbidden Pleasures*, in 2015, Phillips has demonstrated that he is one of the foremost writers on psychoanalysis today.

Phillips has described psychoanalysis as an exploratory conversation with someone you enjoy talking to. In conversation, thoughts and feelings can be metabolized by the analyst in ways that can counteract the repetitions of solitary thinking and allow us to surprise ourselves with new ideas. Most people come to psychoanalysis simply wanting relief from their suffering, but Phillips asserts that they often discover something more important than the alleviation of psychic pain, the joy of a dialogue that offers an opportunity to translate and redescribe troublesome impulses, thoughts, and feelings in the moment.

PHILLIPS WILL BEGIN THE DAY by presenting a paper, **“CONVERSION HYSTERIA,”** which explores the idea of conversions in a broad context. This will be followed by a **Conversation between Phillips and CMPS President, Mimi Crowell**, on both this and a wide range of ideas.

THE AFTERNOON will be devoted to a **Conversation between Phillips and the Audience** about not only the morning’s presentation but also the wealth of interesting ideas that Phillips has presented in his twenty books.

*Given Phillips’ deep love and intensive study of literature and philosophy, this conference should be of interest not only to psychoanalysts and students of psychoanalysis but also to students and teachers of English literature and philosophy, as well as a general audience.*

*To make the conference a richer experience, it is suggested that those attending acquaint themselves with Phillips’ work. A bibliography of recommended readings is available from CMPS librarian, Laura Covino.*

CMPS Annual Conference

**Saturday, March 12, 2016 | 9:00 AM – 5:00 PM**

New York Academy of Medicine, 1216 Fifth Avenue (at 103rd Street), New York City



# CMPS

Center for Modern Psychoanalytic Studies

## A Conversation with Adam Phillips

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9:00 AM - 5:00 PM

New York Academy of Medicine  
1216 Fifth Avenue, New York City

### M O R N I N G   S E S S I O N

9:00 - 9:45 AM      Registration

9:45 - 10:00 AM      Welcome and Introduction of Speakers  
Lucy Holmes, Conference Chair

10:00 - 11:00 AM      **Adam Phillips, Keynote Speaker:**  
**“Conversion Hysteria”**

11:00 - 12:00 AM      **A Conversation**  
between Adam Phillips and Mimi Crowell

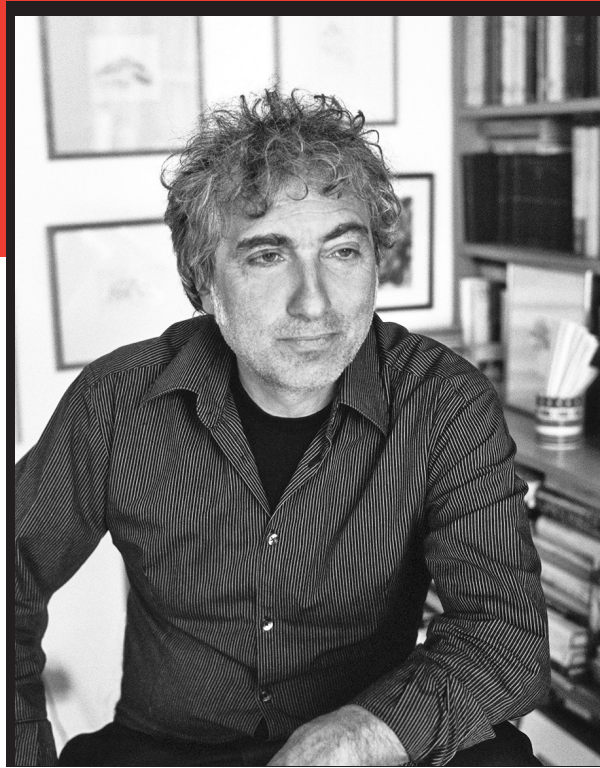
### A F T E R N O O N   S E S S I O N

12:00 - 1:30 PM      Lunch Break

1:45 - 3:15 PM      **A Conversation**  
between Adam Phillips and the Audience  
*moderated by Lucy Holmes*

3:30 - 5:00 PM      Wine-and-Cheese Social

# A Conversation with Adam Phillips



## “Conversion Hysteria”

**P**sychoanalysis began with the treatment of so-called hysterical conversion symptoms, and psychoanalysis itself has always been an inquiry, one way or another, into the nature of conversion experiences, whether psychological, somatic, secular, or religious. Phillips’ paper investigates the uses and abuses of the idea of conversion in psychoanalytic theory and practice.

**Adam Phillips** was formerly Principal Child Psychologist at London's Charing Cross Hospital. He is now a writer and a psychoanalyst in private practice in London.

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**Mimi Crowell, PhD, LP**, is President of the Center for Modern Psychoanalytic Studies and Program Director of the New York Graduate School of Psychoanalysis, where she serves on the faculty and is a training analyst and supervisor. She is in private practice in New York City.



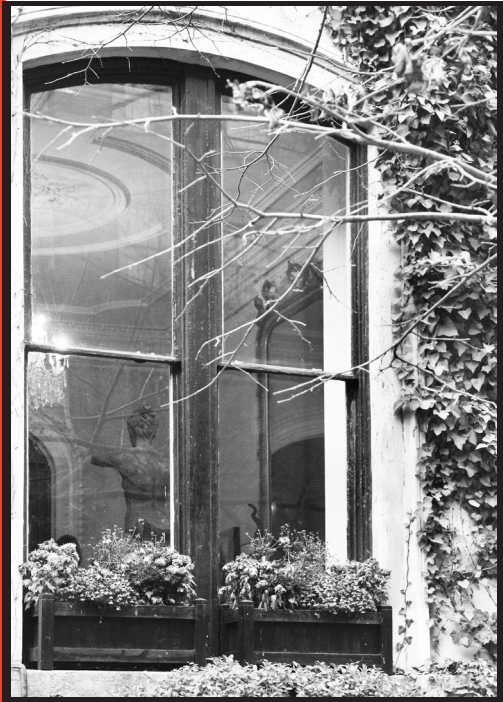


# CMPS

## Center for Modern Psychoanalytic Studies

A New York State Licensure-Qualifying Institute

*Chartered by the Board of Regents of the University of the State of New York*



CMPS, 16 West 10th Street, New York, NY 10011  
212-260-7050 · [cmcs@cmcs.edu](mailto:cmcs@cmcs.edu) · [www.cmcs.edu](http://www.cmcs.edu)

**The Center for Modern Psychoanalytic Studies' Certificate Program in Psychoanalysis**—one of the premier psychoanalytic programs in the country—offers students comprehensive training in the theory and practice of psychoanalysis. Graduates are prepared to treat a wide range of mental disorders, utilizing both their intellectual insight and emotional understanding, and meet the educational qualifications for the New York State psychoanalysis license. The program includes both classroom instruction and supervised practice in our on-site clinic. Bulletins will be available at the conference, or please contact CMPS at 212-260-7050 · [cmcs@cmcs.edu](mailto:cmcs@cmcs.edu) · [www.cmcs.edu](http://www.cmcs.edu).

**CMPS Monthly Open Houses** introduce prospective candidates to our program. **2016 Dates:** Monday, January 11, 5:30–6:30 PM; Tuesday, February 2, 1:30–2:30 PM; Monday, February 29, 5:30–6:30 PM; Tuesday, March 29, 1:30–2:30 PM; Monday, April 25, 5:30–6:30 PM; Tuesday, May 24, 1:30–2:30 PM; Monday, June 27, 5:30–6:30 PM. For information: 212-260-7050 · [cmcs@cmcs.edu](mailto:cmcs@cmcs.edu).

**CMPS Extension Division** offers courses, conferences, workshops, and special events that bring a modern psychoanalytic perspective to a broad range of topics. Every semester, the course **Introduction to Modern Psychoanalysis**

is offered for those interested in learning more about psychoanalysis and psychoanalytic training. All courses, events, seminars, and workshops are open to the lay and professional public and most are free of charge.

**CMPS One-Year Program** is a two-semester course (10 Monday evening classes per semester) designed to enhance the work of professionals in the fields of mental health, education, the arts, humanities, and business, by introducing them to the principles of modern psychoanalytic theory and technique. Information/brochure: 212-260-7050 · [cmcs@cmcs.edu](mailto:cmcs@cmcs.edu).

**CMPS Research Library** offers a catalogued collection of psychoanalytic books, journals, reprints, and reference publications. Wi-Fi is available throughout the school.

The journal **Modern Psychoanalysis**, published by CMPS since 1976, presents articles on psychoanalytic theory, technique, and research. It is indexed on PsycINFO and at [www.cmcs.edu](http://www.cmcs.edu). **Modern Psychoanalysis** is also available online through Psychoanalytic Electronic Publishing (PEP). For information, call the CMPS office: 212-260-7050.

**The CMPS Consultation and Referral Service**, located at 16 West 10th Street, offers affordable short- and long-term therapy for a range of life challenges, including relationships, job stress, anxiety, depression, addictions, serious illness, and life transitions. For information or an initial consultation: 212-228-6036 or [www.cmcsTalkingHelps.org](http://www.cmcsTalkingHelps.org).

### Continuing Education Information

**Social Workers:** CMPS (SW CPE #0206) has received conditional approval from the New York State Education Department's State Board for Social Work to offer continuing education to licensed social workers, effective 6/15/2015. The Department may subsequently notify the provider that a particular course or courses is/are not acceptable. This conditional approval is in effect until the Department makes a final determination to approve or deny the provider application.

**Psychologists:** CMPS is approved by the American Psychological Association to sponsor continuing education for psychologists. CMPS maintains responsibility for this program and its content.

**Learning Objectives:** Attendees will be able to (1) describe Freud's early theory of hysterical conversion, (2) describe the difference between conversion and change, and (3) describe ways that conversion is an issue in the psychoanalytic process.

## New York Graduate School of Psychoanalysis

*A branch of the Boston Graduate School of Psychoanalysis*

### Master of Arts in Psychoanalysis

#### Open Houses Held Monthly

*Same dates as CMPS Open Houses (listed above)*

NYGSP, 16 West 10th Street, New York, NY 10011  
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**Adam Phillips**

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9:00 AM – 5:00 PM

3.5 CE Credits for Social Workers and Psychologists

A Conversation with

**Adam Phillips**

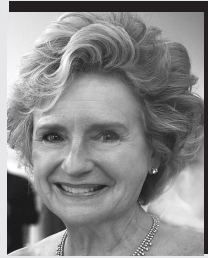
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Lucy Holmes, PhD, LCSW, LP

Lucy Holmes, Conference Chair, is a CMPS and NYGSP faculty member and training analyst, and is in private practice in New York City. She is the author of two books, *The Internal Triangle* and *Wrestling with Destiny*.



## Conference Information



### The New York Academy of Medicine

#### DIRECTIONS TO CONFERENCE

The New York Academy of Medicine is located at the corner of Fifth Avenue and 103rd Street (entrance on 103rd).

#### By Subway

Take the 6 train to 103rd Street. Walk across 102nd Street to Fifth Avenue.

Alternatively, take the 6 train to 96th Street and walk up Fifth Avenue to 103rd Street.

#### By Bus

##### Heading uptown:

Take the Madison Avenue bus (M1, M2, M3, or M4) to 102nd Street.

##### Heading downtown:

Take the Fifth Avenue bus (M1, M2, M3, or M4) to 102nd Street.

#### LUNCH RECESS

There is a selection of restaurants with a range of cuisines at various price points in the immediate vicinity of the New York Academy of Medicine.

Printed information about the choices will be provided on site to conference attendees.

## REGISTRATION

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Admission: \$150 · Students with ID: \$65

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City/State/Zip \_\_\_\_\_

Tel: \_\_\_\_\_

Cell: \_\_\_\_\_

E-mail \_\_\_\_\_

Affiliation (optional) \_\_\_\_\_

In Training at (*Students only*) \_\_\_\_\_

I am enclosing \$ \_\_\_\_\_ for \_\_\_\_\_ admission(s).

Please make check payable to CMPS and mail registration form to address below. If paying by credit card, registration and payment information may be submitted by phone or fax.

If paying by credit card indicate:

MasterCard  Visa  AmEx  Discover

Credit card # \_\_\_\_\_

Expiration Date \_\_\_\_\_



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