



CMPS

Center for Modern Psychoanalytic Studies

Clinical Presentation

Using Countertransference in Treatment and Supervision

The evolution in our understanding of the effects of countertransference on therapeutic work has been substantial, from the early belief that it was an interference to the more current view that it is a valuable treatment tool. Melanie Klein's introduction of the concept of projective identification was a crucial turning point in this change and Racker and Spohnitz clarified the difference between countertransference and countertransference resistance. The arousal of countertransference is particularly intense when working with narcissistic patients, and it requires that analysts identify and work through the narcissism in their own personalities.

We will discuss case material, from both the psychoanalytic literature and our practices, to elucidate countertransference-based clinical interventions that either promote or impede progressive communication and the resolution of resistances.

2 CE Credits for Licensed Psychoanalysts, Social Workers, and Psychologists

■ **FRIDAY, NOVEMBER 9, 2018 • 7:30 - 9:30 PM** ■

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PRACTITIONERS AND GENERAL PUBLIC: \$40 | STUDENTS: \$10



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CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe objective and subjective countertransference and their roles in formulating therapeutic interventions; (2) identify objective and subjective countertransference in case material; and (3) utilize countertransference reactions to formulate therapeutic interventions to promote progressive communication.

Licensed Psychoanalysts: The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Modern Psychoanalytic Studies maintains responsibility for this program and its content.

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